MID-IOWA HEALTH FOUNDATION HAS A VISION FOR GREATER DES MOINES TO BE A HEALTHY COMMUNITY
ENDOWED BY PROCEEDS OF THE SALE OF NORTHWEST COMMUNITY HOSPITAL IN 1984, MID-IOWA HEALTH FOUNDATION DEDICATES RESOURCES TO IMPROVING HEALTH IN GREATER DES MOINES.

THE FOUNDATION’S MISSION IS TO SERVE AS A PARTNER AND CATALYST FOR IMPROVING THE HEALTH OF VULNERABLE PEOPLE IN GREATER DES MOINES.

Like the tree depicted on the cover of this report, Mid-Iowa Health Foundation renews and affirms its existence each year. After more than 23 years, our roots are firmly grounded in our central Iowa community. We have worked to branch out our philanthropic efforts to assist a host of non-profit organizations that share our vision of a healthy community and benefit from our support and leadership.

We focus on improved results in the priority areas of Access to Care and Childhood Health.

Successful grantmaking balances innovation and tradition. To renew, we promote discussions about gaps in community health services. To affirm, we remain true to supporting core, proven health programs. We know that money alone cannot buy solutions. Rather, answers are found through vibrant community partnerships.

These approaches are Mid-Iowa Health Foundation’s philanthropic style:
• Responsive grantmaking: we listen, learn and respond to the needs of non-profits and their constituents.
• Health Initiative grantmaking: we serve as the catalyst to support community-wide discussion on how we, as a community, can address unmet needs.
• Learning partnerships: we convene to study pressing health issues.

In sharing this report, we are inspired by the various and significant community health programs funded this past year by Mid-Iowa Health Foundation. We look forward to continuing to deepen our roots and spread new branches in the years to come.

Kathryn Bradley  Ivan Johnson
President  Chair, Board of Directors
MID-IOWA HEALTH FOUNDATION INVESTS RESOURCES FOCUSING ON IMPROVING ACCESS TO PRIMARY AND PREVENTIVE HEALTHCARE SERVICES, AND PROMOTING CHILDHOOD HEALTH.

Through our Community Response Grants we learn from nonprofit organizations and programs about the important work needed to improve health and health care for individuals and families. The Foundation staff and Grant Committee review applications and make recommendations for board consideration and funding decisions. Applications may be downloaded from the Grants page on our website, www.midiowahealth.org. Application deadlines are April 1 and October 1.

The Health Initiatives Grant Program guides significant investments in projects or activities that address community health priorities. With input from a variety of sources, the Foundation identifies specific health needs, and then partners with selected community groups and organizations to cultivate solutions. Health Initiative proposals are accepted by invitation only.

During 2006, Mid-Iowa Health Foundation invested a total of $264,500 in support of the following eight Health Initiatives:

Child and Family Policy Center • $20,000 • Community partners crafted a model approach to addressing children’s developmental health including training pediatric practices to increase identification of developmental health needs during well-child visits; developing a practitioner-friendly referral system; establishing follow-up capacity within current care coordination and home visiting structures; and strengthening networking across programs that support families’ and children’s developmental needs.

Des Moines Health Center • $30,000 • School Smiles Program is part of a comprehensive school-based oral health program which provides education, screenings, referrals, sealants, fluoride varnish, and on-site dental treatment services to children at area pre-school/Head Start programs and elementary schools.

Health Access Partnership • $50,000 • Health Access Partnership assesses the use of dedicated staff to expand outreach, integrate new partners, increase advocacy, strengthen organizational relationships and expand participation in the information system, reducing the number of uninsured or underinsured people accessing inappropriate levels of care and increasing the number of people who can identify a medical home.

Healthcare Coverage for Kids Coalition • $30,000 • The community-wide effort enrolling kids in health care and Medicaid. Current outreach strategies address two difficult-to-reach populations - families at the upper income limit of eligibility who likely self-determine they are not eligible and Latino/Hispanic families.

Oakridge Neighborhood Services • $30,000 • The Iowa Chronic Care Consortium, Des Moines University and Oakridge Neighborhood Services assessed the current health status and potential health risks of Oakridge families using an online Health Risk Assessment, and offers proactive, preventive healthy lifestyle programs and screening activities.

Primary Health Care, Inc. • $25,000 • Des Moines Dental Clinic Expansion project leverages local and federal funding for furnishing six new treatment rooms with dental equipment, with federal funding for the construction.

The Access Project • $10,000 • The National Oral Health Policy Partnership, convened by The Access Project, brings together oral health experts and grantmakers to identify oral health policy initiatives, collect background data, learn from other state initiatives, and conduct research.

Visiting Nurse Services • $50,000 • Project continues support of Child Care Nurse Consultant services for identified child care centers, developing infrastructure and offering ongoing technical assistance. The project will develop a comprehensive health system sustainability package for use by center directors, pilot a wellness program for child care providers, and develop a self-directed immunization process model.

2006 HEALTH INITIATIVES
In 2006, Mid-Iowa Health Foundation invested $434,500 in Community Response grants to help the following thirty one nonprofit organizations address health needs of central Iowans:

**AID Greater Des Moines, Inc. • $10,000 •** For the Care program underscores people from becoming infected or transmitting HIV through outreach, counseling, rapid testing, and referral services.

**American Heart Association • $175,000 •** Marsh Your Heart deploys screenings and risk factor reduction activities to African Americans and Latinos who disproportionately suffer and die of cardiovascular disease and stroke.

**Behavioral Health Resources • $260,000 •** At the request of law enforcement, mental health professionals from the Mobile Crisis Response Team are dispatched to stabilize crisis situations with on-site counseling, medication management, referral for services and to assess with psychiatric hospitalizations.

**Broadlawns Medical Center Foundation • $10,000 •** Project Heartbeat supports the newly Building Center with fetal heart monitors to provide the best care to mothers and their unborn children throughout the birth process.

**Catholic Charities • $265,000 •** Hispanic Community Outreach provides affordable, high-quality, culturally competent counseling services to vulnerable Hispanic immigrant residents of Polk and Dallas counties.

**Children and Families of Iowa • $20,000 •** Therapeutic Childcare serves emotionally disturbed children with acute behavior disorders with childcare, education, mental health, family support, and community services.

**Children’s Crisis Team • $20,000 •** Outreach-Child Advocate meets the psychological, social and safety needs of children who accompany a parent to the Family Violence Center as well as provides age-appropriate information on dating violence and healthy relationships to school-aged boys and girls.

**Children and Family Urban Ministries • $5,500 •** Pacific School Fairs offers free school physicals, eye and dental examinations, lead screening, school supplies, immunizations, medical screenings, and health/social service information to families living in poverty.

**Churches United Shelter, Inc. • $15,000 •** Assistance for homeless men and women with physical or mental health impairments to improve self-sufficiency, case management and direct medical assistance.

**ChildServe • $30,000 •** Equipment for Pediatric Inpatient Rehabilitation Program serving children discharged from the hospital who continue to require intensive therapy and family education.

**Des Moines Pastoral Counseling Center • $20,000 •** Mental health counseling for low-income adults, adolescents and children with concerns related to excessive stress, anxiety, depression, abuse, violence, grief and loss issues.

**Directors Council • $7,000 •** Middle school students experience Prime Time, a research-based curriculum that provides alcohol and drug education and helps develop personal and social competencies in students.

**The Homestead • $10,000 •** Applied Behavioral Analysis assessment, consultation, and training services to families of HIV positive refugee participants, and develops healthy action plans to reduce risk of HIV and other STD transmission.

**Hospice of Central Iowa • $10,000 •** Patient Financial Assistance fund helps secure mental health counseling for homeless young people.

**Iowa Homeless Youth Centers • $7,000 •** The Supporting Emotional Wellness (SEW) fund helps secure mental health counseling for homeless young people.

**Lutheran Services in Iowa • $20,000 •** HOPES offers pregnant women and new parents intensive home visitation to promote optimal development and link families with community resources in order to prevent infant mortality and foster a healthy home environment.

**Mercy Hospital Medical Foundation • $7,000 •** Project Healthy Body works to manage and prevent youth obesity with a 12-week program for children ages 9-18. Families learn to make healthy food choices, exercise and maintain regular physical activity, and foster a healthy body image.

**Mentor Iowa • $5,000 •** One-on-One Program trains, trains, trains and matches volunteer mentors with abused, neglected, and delinquent children.

**Mid-Iowa Health Foundation • $10,000 •** Leadership, planning, management, coordination and administration support for the community wide Health Realization Initiatives.

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Orchard Place • $20,000 • Child Guidance Center’s Consultation and Education Services provide child/adolescent mental health information, education, and technical assistance to families, organizations, programs, and individuals who have direct impact on the emotional and mental development of children.

Planned Parenthood of Greater Iowa • $15,000 • Provide free or reduced cost family planning and reproductive health care to low-income women.

Polk County Crisis & Advocacy Services • $15,000 • The multidisciplinary Sexual Assault Program Team uses a standardized protocol and equipment to streamline the care for sexual assault victims who present in any of the four Polk County emergency departments.

Polk County Lead Poisoning Prevention Coalition • $15,000 • Comprehensive effort to conduct research, outreach, education of targeted practitioners on the importance of routine lead screening and to offer free lead poisoning screenings.

Prevent Blindness Iowa • $75,000 • Program offers MTI/photorefract and visual acuity screenings to pre-schoolers at licensed day care centers and preschools in lower-income areas of Polk County.

Prevent Child Abuse Iowa • $5,000 • Child Neglect Awareness Project will enhance awareness among professionals, community leaders, and the general public.

Shalom Zone Ministries • $15,000 • Community Health Program focuses on reducing minority health disparities through targeted adult health screenings, educational materials, children’s programs and activities, and a Back to School Health Fair.

Urban Dreams • $10,000 • Responsible Teenage Sexual Behavior Program addresses youth knowledge about responsible sexual behavior, consequences of engaging in sexual activity, and increases decision-making skills.

Young Women’s Resource Center • $20,000 • The Young Moms program provides parenting education and support to pregnant and parenting teens ages 13-21 and their children born to age 5.

Young Women’s Lives program helps young women ages 13-23 involved with the court system through clinical therapy, support and education.

Youth Emergency Services & Shelter of Iowa • $22,000 • Counseling services for youth and their families that are not involved with the DHS or Juvenile Court systems.

Youth Homes of Mid-America • $25,000 • Mental health services for children with complex emotional and behavioral problems, including sexual predators and sexual assault victims.

Membership/Other • $4,840

STATEMENTS OF FINANCIAL POSITION
JANUARY 1 THROUGH DECEMBER 31, 2006 AND 2005

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<tr>
<th>ASSETS</th>
<th>2006</th>
<th>2005</th>
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<tr>
<td>Cash/cash equivalents</td>
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<td>$344,357</td>
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<td>Recoverable federal excise tax</td>
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<tr>
<td>Total assets</td>
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<th>LIABILITIES AND NET ASSETS</th>
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<td>Accounts payable</td>
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<td>Net assets – unrestricted</td>
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<tr>
<td>Total liabilities</td>
<td>16,610,383</td>
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<th>EXPENSES</th>
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<td>Total expenses</td>
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<td>Net Assets – beginning of year</td>
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<td>Net Assets – end of year</td>
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In 2006 the Foundation was saddened by the loss of founding board member Simon Casady. Simon served as an officer of the Foundation and through his loyal support, strong business knowledge, compassionate leadership, and generous contributions of time and wisdom, he helped guide the development and growth of Mid-Iowa Health Foundation. Simon will be fondly remembered with respect and admiration by the Foundation board, staff and community members whose lives he touched.
MID-IOWA HEALTH FOUNDATION