

**AID Greater Des Moines, Inc. • \$15,000**

Expansion of rapid response HIV testing targeting individuals and demographics at high risk for being infected, as well as providing comprehensive prevention program with outreach to highest-risk individuals with education, referrals and risk reduction supplies.

**Catholic Charities • \$32,000**

Hispanic Community Outreach Spanish Language Counseling makes affordable, high quality, culturally competent counseling services available to the most vulnerable (uninsured, low income) Hispanic immigrant residents of Polk and Dallas Counties to address transitional issues (culture shock, separation from family, acute anxiety) and to prevent other problems from developing (substance abuse, domestic violence, depression, absenteeism from school or work.)

**Children and Families of Iowa • \$15,000**

Cornerstone Recovery addresses teenagers in treatment care for substance abuse and mental health issues. Program implements evidence-based therapeutic approaches to meet the needs of adolescents and families, providing early intervention crucial to helping prevent teenagers from developing chronic addictions to their drug of choice.

**Des Moines Health Center • \$30,000**

Comprehensive school based oral health program providing an array of dental services using portable equipment and a mobile dental clinic RV. Services include oral health education, screenings and referrals to all pre-school and elementary schools. Fluoride varnish is provided in pre-school sites, dental sealants and treatment services are provided to children in 2nd and 3rd grades and 10 targeted pre-school sites. Dental screenings for 4 year olds and 8th graders meets new State requirement for school entry.

**Des Moines Pastoral Counseling Center • \$15,000**

The program provides a sliding payment scale for mental health counseling services for uninsured and underinsured adults, teens and children.

**Employee and Family Resources • \$20,000**

Re-Thinking Drinking and Chance 4 Change Restorative Justice Youth Programs works to help youth change their attitudes and behaviors related to underage possession and use of alcohol and marijuana, as well as continuing to move this model closer to an evidence-based program through rigorous evaluation. Youth formerly arrested for possession of alcohol and small amounts of marijuana will be given the opportunity to examine their decision-making attitudes and behaviors and, in a restorative justice setting with parents, other youth and adults, identify the harms their offense has caused to themselves, their families and the at-large community, and specific means to repair each harm.

**The Homestead • \$30,000**

The Autism Clinic will provide 1 on 1 direct Applied Behavior Analysis service in 3 tiers designed to provide intensive intervention so that core skills for learning are in place, then move the services to natural environments and to provide learning opportunities in contexts in which the activity takes place. The tiers move from sessions that are closely supervised by highly trained leadership staff, to less frequent, remote supervision. The Clinic will provide services in research, training, consultation and resources.

**Iowa Caregivers Association • \$30,201**

Health Care for Health Care Workers project will plan and coordinate "Come Care With Me" events in which state legislators are invited to job-shadow direct care workers for a day to acquire hands-on appreciation for the work and challenges facing this workforce; provide technical assistance with the legislatively mandated, 2-year Premium Assistance Demonstration Program to assist direct-care workers in obtaining adequate, affordable health care coverage; conduct outreach to state legislative delegations from Polk, Warren & Dallas Counties to obtain expanded health care options for Iowa adults via State legislation; and identify opportunities for various state demonstration and position Iowa to be competitive in securing federal funding through passage and implementation of federal legislation that supports direct care workforce recruitment and retention initiatives.

**Iowa Dental Foundation • \$7,500**

Iowa Mission of Mercy will provide an opportunity for free oral health care to be delivered by volunteers to those who otherwise would not have access to the needed services. A field dental clinic is set up in a central location and care is provided for two full days. Services include hygiene, pedodontic, restorative/endodontic, oral surgery, or laboratory services. Patients will also receive information from volunteers about appropriate oral health and hygiene focused on prevention and best practices.

**Iowa Kidstrong, Inc. • \$5,000**

This program challenges at-risk teens to progressively train for and complete the October 2010 Des Moines Marathon. The program will be school-centered and non-competitive lasting a minimum of 25 weeks. Students commit to train 3 days per week with adult volunteers and meet on weekends for longer training runs through neighborhoods.

**Lutheran Services in Iowa • \$10,000**

HOPES provides intensive in-home visitation services to engage at-risk families through parent education focused on child development, immunizations, and the importance of obtaining and utilizing a medical home.

**Mainstream Living, Inc. • \$5,000**

The Transition Age Youth program is a comprehensive program for youth age 18-25 with mental illness and is designed to support individuals to become self-

sufficient by focusing on the development of independent living skills and marketable employment skills.

**Mentor Iowa • \$5,000**

One on One Program recruits, screens, trains and matches volunteer mentors to abused, neglected, and delinquent children who are under the jurisdiction of Juvenile Court. Research indicates that mentoring acts as a barrier against depression for the young people. Issues that indicate youth need mentors include: negative feelings about themselves, peer and family pressure, bullying, substance abuse, depression and suicide, nutrition and obesity, sexuality and teenage pregnancy, loss of communication, child abuse and family violence, and lack of a support system.

**Passageway, Inc. • \$5,000**

Clubhouse model develops a support system for people in the Des Moines area living with mental illness that results in decreased isolation and depression as well as increased self esteem, stamina and ability to work.

**Planned Parenthood of the Heartland • \$16,357**

Health educators will provide medically-accurate, science-based sexuality education programming and outreach to prevent unintended pregnancies and sexually-transmitted infections among 2 groups of high-risk youth: runaway/homeless youth aged 13-24 at Iowa Homeless Youth Center sites in Des Moines and teens participating in mental health and addiction treatment programs at Cornerstone Recovery in Ankeny.

**Polk County Extension Services • \$15,000**

Polk County Healthy Schools - Centers of Excellence build capacity to plan, implement and evaluate effective school-based activity programming that may help reduce the prevalence of overweight and obesity. This project will provide support and resources to help schools build effective physical activity and obesity prevention programs that are compliant with the recently passed Healthy Kids Act, which holds schools accountable for promoting and tracking student physical activity involvement at school. The project builds upon previous projects' work training staff, acquiring equipment and establishing protocols to track and evaluate students' fitness.

**Prevent Blindness Iowa • \$7,500**

Project targets children ages 3-6 in preschools and daycare centers in low-income areas of Polk County for free vision screening to catch potential vision problems before they cause permanent and debilitating loss of sight. Project will work with preschools to ensure appropriate follow-up and will help connect low-income children to VSP's Sight for Students program for professional eye exams or eyeglasses when indicated.

**Prevent Child Abuse Iowa • \$5,000**

Project partners with AmeriCorps national service program members to expand Community Partnerships for Protecting Children (CPPC) - a community effort that supports families and protects children from abuse. CPPC efforts ensure that child protection staff and community members reach out earlier when families face stress; intervene more rapidly, comprehensively, and effectively when abuse occurs; and join together to make CPS policies and practices more effective.

**Proteus • \$20,000**

Mobile Health Unit will offer low-income, uninsured or underinsured Latino population complete wellness screenings by a bilingual health aide, and a physical exam by a Physicians Assistant. Clients requiring additional care or screenings will receive a voucher to receive care at an area provider. Mobile Health Unit will also offer education services targeted to low-income minorities focusing on diabetes, obesity and tobacco use.

**Shalom Zone Ministries • \$15,500**

Collaborative project for 2010 combines efforts from Shalom Zone and Health Care Coverage for Kids' back-to-school health fairs targeting low-income, high-risk children and families in Des Moines. Fair provides physicals, oral health screenings, lead testing, eye exams, and immunizations with participants receiving school supplies following health services access.

**YMCA • \$15,000**

Trim Kids is a 12-week multi-disciplinary plan for overweight children age 6-18 which gives parents and children education about a nutritious diet, safe and appropriate physical activities, and behavioral/emotional counseling to comprehensively address underlying issues of youth obesity and maintain long-term success. Project is a collaboration of YMCA, Mercy, Polk County Health Department & Des Moines Public Schools.

**Young Women's Resource Center • \$15,000**

Childbirth Education and Doula Programs (Perinatal Services) provide education and support to pregnant young mothers in an effort to prevent health problems for their unborn babies and themselves. Primary goal is to assist clients with seeking proper prenatal care to avert infant mortality, low birth weight and preterm babies born to this high risk population. Additional goals include facilitating maternal/child well-being by assisting with initial bonding, helping with breastfeeding initiation, and providing support during the postpartum period.

**Youth Emergency Services and Shelter of Iowa • \$25,000**

Crisis Assessment and Counseling Services provide children and families with 24 hour access to emergency services via a crisis phone line, face-to-face crisis mediation, assessment and connection to an array of services. The goals of the early intervention services are to meet the safety, physical and emotional needs of children, help kids and parents resolve problems, keep families intact, divert children from juvenile shelter care placement, and prevent further involvement in

the child welfare system.

### **Health Initiatives**

#### **Child and Family Policy Center • \$30,000**

CFPC continues its work in children's health policy development and implementation by way of organizational support for expanded coalition building, public education and awareness, and grass roots as well as direct contact with legislators and the Executive branches of state government. CFPC has been successful over the past 2 years in expanding both content and quality of child health coverage in the state and is in a unique position to influence additional policy development for health care reform while monitoring and playing a significant role in policy implementation.

#### **Healthcare Coverage for Kids Coalition • \$30,000**

HCKC enrolls eligible children in HAWK-I (Iowa state children's health insurance program) and Medicaid. Outreach specialists provide each family with individualized assistance needed to accurately complete an application, address barriers, and follow the application from submission to enrollment. Children enrolled in Hawk-i experienced increased access to routine preventive care, needed specialists, preventative health guidance and dental care, improved overall health rating, and increased access to needed vision, behavioral and emotional care.

#### **Iowa Health Foundation – La Clinica • \$30,000**

Apoya su Salud Integral is a depression care program within the full primary care continuum provided by La Clinica de la Esperanza. The care management program incorporates an evidence-based mental health intervention program designed particularly for use in primary care settings which has demonstrated positive results in helping patients identify mental health issues, namely depression and anxiety, and involving them in the treatment process.

#### **Orchard Place/ Child Guidance Center • \$29,750**

Early Childhood Mental Health Consultation is a problem-solving and capacity building intervention implemented within a collaborative relationship between a professional consultant with mental health expertise and one or more professionals, primarily child care or early education, who have other areas of expertise. ECMHC aims to improve ability of child care program staff, K-3rd grade teachers, families, programs and systems to prevent, identify, treat and reduce the impact of mental health problems among young children and their families. Project expands the scope of current program to include transition from pre-school to early elementary grades, assist childcare and preschool programs to set up and implement social and emotional developmental screening, and training for centers in Positive Behavior Supports.

**Polk County Health Department • \$35,000**

Every 10 years Healthy Polk, with assistance from the Polk County Health Department, develops a community health plan for Polk County. Key components of the process include community conversations, identification of data sources, development of proposed indicators, choosing priorities, and a community awareness campaign. Input will be collected from thousands of people who live and work in Polk County. Upon completion of the Healthy Polk 2020 plan, implementation will include monitoring the community's progress and providing regular updates to the community, convening Town Hall meetings, and serving as a catalyst for change by identifying areas that warrant greater attention. Healthy Polk will also facilitate the organization of new work groups, task forces and campaigns to ensure all Polk County residents are healthier in 2020 than they are today.

**Primary Health Care, Inc. • \$25,000**

OB Case Management for the Uninsured addresses a critical unmet need of uninsured pregnant women presenting to clinics and emergency rooms who do not have access to quality prenatal care and do not understand the correlation between prevention, safe delivery and long-term health status of the child to be. The project developed a system of OB care that is culturally sensitive and user friendly for all involved, improves coordination of prenatal care and delivery services for uninsured women by means of increased access, enhanced methodology of patient monitoring and improved patient education and compliance through provision of interim case management, and subsequent enrollment in existing maternal child health programs.

**Primary Health Care, Inc. • \$53,300**

Diabetes Pro-Active Care Project is part of a larger project to move much of the primary care of chronic diseases such as obesity (and related conditions such as diabetes) out of the clinical office and into the home and community settings. The Pro-Active Care coordination team focuses on such self-management items as diet, exercise, health literacy, and keeping well. The community-based Care Manager will serve as a link between the patient, primary medical home, and an array of community and public health resources needed for a comprehensive approach to chronic disease. The Care Manager will visit the patient in the home, arrange community services relevant to the disease, communicate directly with the primary care medical team and do simple procedures in the home in advance or following an office visit that has been carefully coordinated to provide comprehensive care. The larger project includes internet-based patient portal access to ask questions, receive lab reports and make "virtual office visits"; and a "health card" which can be loaded with credit for certain health-related services for the uninsured.

**Memberships and Mini-Grants**

**Association of Small Foundations • \$4,505**

Evaluation project and dues.

**Grantmakers in Health • \$2,500**

Funding Partner contribution

**Children and Family Urban Ministries • \$5,000**

2009 Back to School Health Fair

**Community Food Security Coalition • \$5,000**

Commodity to Community: Food, Politics and Projects in the Heartland

**Healthcare Coverage for Kids Coalition • \$3,000**

2009 Back to School Health Fair