

Health Initiatives Grants

AMOS • \$25,000

Health focus for 2010-11 will center around two particularly vulnerable populations - those with mental illness and those without legal documents. AMOS will organize a powerful mental health team to research, conduct one to one and small group house meetings to develop a mental health agenda for central Iowa, advocating for candidate commitment and accountability. AMOS will also organize the immigrant community to gain better access to quality health care and treatment of chronic medical conditions, particularly diabetes.

Child and Family Policy Center • \$35,000.00

Child Health Advocacy and Health Promotion project dedicates a knowledgeable children's health policy advocate to monitor and provide input to the state staff workgroup who will design the Iowa insurance exchange over the course of the next year. Many critical policy decisions affecting hundreds of thousands of vulnerable children and their families have to be made by the state workgroup during the planning phase: how to streamline public program eligibility requirements; application and enrollment processes; benefits package information and premium regulations; whether an exchange will be operated by a governmental or nonprofit entity; IT/web infrastructure issues; certifying and rating qualified health plans; whether or not to join a regional exchange; and whether children who receive coverage through Medicaid and CHIP will be served through the exchange. It is critical that recent policy gains for kids to stay in place, including maintaining the services covered under Medicaid and CHIP for kids (such as medically necessary PT and OT and other specialized care). Policies should be established to streamline transitions for children between CHIP and Medicaid and into the private market under a family subsidy. In addition, policies should ensure children with pre-existing conditions have access to private insurance coverage that is affordable.

Des Moines Independent Community School District • \$20,000

The project will create a Community Healthcare Safety Net System for immigrant and refugee children enrolled in DMPS and their families coordinated with Polk Co, Health Department, VNS, DMPS Health and ELL departments. Two hundred children will have a comprehensive network of services for dental, vision, hearing, and health care that is organized to meet the language, cultural, and transportation needs of immigrant and refugee families.

Iowa Health Foundation – La Clinica • \$30,000

Apoya su Salud Integral (ASI) - Support Your Integral Health is a bilingual depression care program within the full continuum of health services provided by La Clinica de la Esperanza. The care management program incorporates an evidence-based mental health intervention program designed particularly for use in primary care settings which has demonstrated positive results in helping patients identify mental health issues, namely depression and anxiety, and involving them in the treatment process.

Polk County Health Department – Healthy Polk 2020 • \$25,000

Healthy Polk 2020 endorsement and support for its promotion within the community to encourage broad acceptance of the plan and its opportunities for engagement and action. To transform community health, detailed information and strategies are needed: a process to inventory what we have in our community, and an analysis of what's missing. Health experts identified by their peers as leaders in their field will be brought together in a guided process to provide concrete ideas for action. The analysis process would identify existing bodies of work in the priority area; answer "what works?" and "what is missing?"; propose innovative strategies in three categories: 1) cutting-edge projects, 2) necessary policies, 3) something every individual or organization can do; and identify indicators to measure success.

Community Response Grants

AID Greater Des Moines, Inc. • \$15,000.00

Be the Cure Rapid HIV Testing Program - Expansion of rapid response HIV testing targeting individuals and demographics at high risk for being infected, as well as providing comprehensive, evidence-based prevention program with outreach and intensive individual level intervention to highest-risk individuals with education, referrals and risk reduction supplies. Previous MIHF-funded strategies have been adopted by IDPH for implementation state-wide.

Catholic Charities • \$32,000.00

Community Outreach Programs/Spanish Language Counseling The goal of Spanish Language Counseling Program is to make affordable, high quality, culturally competent first language counseling services more available to the most vulnerable (uninsured, low-income) Hispanic, Spanish-speaking immigrant residents of Polk and Dallas Counties. This is necessary to address transitional issues newcomers face (culture shock, separation from family members, acute anxiety, navigating unfamiliar work, school and neighborhood environments, encountering and confronting racism) and to prevent other problems from developing (substance abuse, domestic violence, depression, absenteeism.)

Children and Families of Iowa • \$15,000

Cornerstone Recovery Outpatient Treatment Program addresses teenagers in treatment care for substance abuse and mental health issues. Program implements evidence-based therapeutic approaches to meet the needs of adolescents and families, providing early intervention crucial to helping prevent teenagers from developing chronic addictions to their drug of choice. Outpatient treatment is recommended for youth who 1) are not at risk of withdrawal symptoms, 2) do not have biomedical complication that would interfere with treatment and 3) have a sufficiently supportive environment to make treatment feasible.

Dallas County Public Health • \$13,832

Health Navigation Pilot project seeks to increase the knowledge and improve the circumstances of the vulnerable and underserved target population. Program will provide access to services (insurance options, housing, domestic violence, food, mental health, substance abuse, parenting) that impact overall health status. If intervention occurs early, the program intends to prevent crises and more effectively utilize limited resources. The shared Health Navigator will also allow Dallas County primary medical clinics to more closely align with the endorsed Medical Home model by facilitating continuity of care, more comprehensive care, and more holistic care in a cost effective manner.

Des Moines Health Center • \$20,000

Smile Squad Oral Health Program is a comprehensive school based oral health program providing an array of dental services using portable equipment and a mobile dental clinic RV. Services include oral health education, screenings and referrals to all pre-school and elementary schools. Fluoride varnish is provided in pre-school sites, dental sealants and treatment services are provided to children in 2nd and 3rd grades and 10 targeted pre-school sites. Dental screenings for 4 year olds and 8th graders meets new State requirement for school entry.

Des Moines Pastoral Counseling Center • \$10,000

C.O.O.L. (Children Overcoming the Obstacles of Life) helps youth who have physical, emotional and/or mental challenges; have been harmed or neglected by another person; or are having trouble adjusting to a major life-change. C.O.O.L. is staffed by five child psychologists and one clinical social worker.

Employee and Family Resources • \$20,000

ReThinking Drinking and Chance 4 Change Restorative Justice Youth Programs proposes that youth will change their attitudes and behaviors related to underage possession and use of alcohol and marijuana. Youth formerly arrested for possession of alcohol and small amounts of marijuana will be given the opportunity to examine their decision-making attitudes and behaviors and, in a restorative justice setting with parents, other youth and adults, identify the harms their offense has caused to themselves, their families and the at-large community, and specific means to repair each harm. Project continues to move this model closer to an evidence-based program through rigorous evaluation.

GLBT Youth in Iowa Schools Task Force • \$10,000.00

Ending the Silence Ending the Silence is a partnership between Iowa Safe Schools and The Trevor Project (a national LGBT youth suicide prevention hotline) and will use multiple activities to reach youth, schools, communities and families across the state with appropriate resources and information on suicide prevention. Activities include Social Networking Campaign, Adult Education, Resource Distribution to youth and mental health professionals, and an Awareness Campaign.

I'll Make Me a World in Iowa • \$5,000.00

Support community health by increasing visibility of the health fair and availability of services for the 2011 event. Free testing, screening and workshops will be offered.

Iowa Caregivers Association • \$25,000.00

Access to Quality Care through a Stable Direct Care Workforce Four key strategies are proposed: 1) increase the number of direct care workers registered with the ICA Direct Care Worker Resource & Outreach Center by 10%, 2) Increase access to health care services for DCWs, 3) Support ICA leadership participation on the Governor-appointed Direct-Care Worker Advisory Council within the Iowa Dpt. of Public Health, and 4) provide technical assistance to state legislators and staff on development of educational standards for DCWs.

Iowa Homeless Youth Centers • \$12,000.00

Street Outreach Certified Addiction Counselor (CAC) expands duties of one of the Street Outreach Counselors to include 1) developing a case plan with strategies to help the homeless young person deal with substance abuse issues as well as get off the streets, 2) perform substance abuse assessments, 3) help young person secure appropriate insurance such as Medicaid or Title XIX, 4) Refer youth to appropriate outpatient or inpatient substance abuse services and work with the youth to take advantage of those services

Lutheran Services in Iowa • \$10,000.00

Healthy Opportunities for Families to Experience Success (HOPES) uses a research-based, best practice model credentialed by the Healthy Families America model to provide intensive in-home visitation services to engage at-risk families through parental education focused on child development, immunizations, obtaining & utilizing a medical home. Family health, self-sufficiency and stability are improved by connecting families to resources including health care, child care and basic needs. The HFA model ensures that families enrolled in the program are healthier and use medical services more appropriately than members of the general public.

Planned Parenthood of the Heartland • \$25,121.00

Sexuality Health Education for High Risk Youth - Health educators will provide age-appropriate, medically-accurate, research-based sexuality education programming and outreach to prevent unintended pregnancies and sexually-transmitted infections among high-risk youth: runaway/homeless youth aged 13-24 at Iowa Homeless Youth Center sites in Des Moines, teens participating in mental health and addiction treatment programs at Cornerstone Recovery in Ankeny, teens detained at the Polk County Detention Center and teens housed at Polk County Youth Services.

Visiting Nurse Services • \$30,000

Visiting Nurse Services Outreach Program specializes in assisting uninsured and under-insured children, families and pregnant women in obtaining medical and dental health coverage, connecting with community resources including social/emotional assistance, establishing medical and dental homes, and working with families to navigate community resources that can ease stress and improve well-being of the family. Outreach Team activities include facilitation of Healthcare Coverage for Kids Coalition (HCKC) and 1st Five Healthy Mental Development Initiative.

YMCA • \$15,000.00

Trim Kids Program is a 12-week multi-disciplinary plan for overweight children age 6-18 which gives parents and children education about a nutritious diet, safe and appropriate physical activities, and behavioral/emotional counseling to comprehensively address underlying issues of youth obesity and to maintain long-term success. Project is a collaboration of YMCA, Mercy, Polk Co Health Department and the Des Moines Public Schools.

Young Women's Resource Center • \$15,000

Childbirth Education and Doula Program (Perinatal Services) provides education and support to pregnant young mothers in an effort to prevent health problems for their unborn babies and themselves. Primary goal is to assist clients with seeking proper prenatal care to avert infant mortality, low birth weight and preterm babies born to this high risk population. Additional goals include facilitating maternal/child well-being by assisting with initial bonding, helping with breastfeeding initiation, and providing support during the postpartum period.

Youth Emergency Services & Shelter of Iowa • \$25,000

Crisis Assessment and Counseling Services provide children and families with 24 hour access to emergency services via a crisis phone line, face-to-face crisis mediation, assessment and connection to an array of services. Short-term emergency shelter provides physical safety for youth who do not have other safe alternatives. Counseling services address the familial and other issues that originally created the need for emergency shelter. The goals of the early intervention services are to meet the safety, physical and emotional needs of children, help kids and parents resolve problems, keep families intact, divert children from juvenile shelter care placement, and prevent further involvement in the child welfare system.

Mini-grants and Memberships

American Red Cross • \$5,000

Haiti Earthquake Relief

Association of Small Foundations • \$5,000

Membership

Children and Family Urban Ministries • \$5,000

2010 Back to School Health Fair

Food Bank of Central Iowa • \$10,500

Ivan and Craig Johnson memorials

Grantmakers in Health • \$2,500

Health Reform Resource Center

Grantmakers in Health • \$2,500

membership