

2011 Health Initiatives Grants

AMOS - A Mid-Iowa Organizing Strategy • \$25,000.00

Quality Health Care for All

AMOS exists to be an organizational vehicle through which ordinary citizens can address complex public issues, like health care, through research, relationship building and collective action for the common good. Specifically through this effort we are attempting to involve central Iowa residents directly impacted by mental illness in the shaping and re-organizing of a better, more integrated and accountable mental health care system for all.

Iowa Department of Public Health • \$26,000.00

ACEs and Mental Illness Modules for the 2012 BRFSS

Project will add the Adverse Childhood Experiences (ACEs) Module (22) and Mental Illness and Stigma Module (17) to the 2012 Iowa Behavioral Risk Factor Surveillance Survey.

Primary Health Care, Inc. • \$40,000.00

Referral Coordination Pilot

To provide quality, coordinated care to our patients by establishing a comprehensive referral tracking process. This process will help ensure that patients are able to complete their referral as well as enhance communication among different service providers in the community.

Child and Family Policy Center • \$15,000.00

Children's Healthy Development Education & Information

State Children's Healthy Development education and information grant for 2012 legislative session. Serve as a monitor and voice for children's health including consistent presence at the capitol, committee meetings, and hearings. Provide updates on children's health issues, summarize in lay language key issues, legislation, implications of federal policies. Assist MIHF in developing policy statement.

Community! Youth Concepts • \$15,000.00

Public Health Youth Advisory Board

To engage up to 30 at-risk youth ages 12-18 in public health issues by creating a Public Health Youth Advisory Board and convening the group to familiarize youth with local public health needs, involve them as co-presenters on health and wellness topics, prioritize current health focus areas, determine strategies for accomplishing youth-led solutions to local needs, and implement solutions through service learning projects related to the strategies.

Employee and Family Resources • \$30,000.00

EFR Restorative Justice Programs

Youth will change their attitudes and behaviors related to underage use of alcohol and marijuana. Youth formerly arrested for possession of alcohol and small amounts of marijuana/paraphernalia will be given an opportunity to examine their decision-making attitudes and behaviors and in a restorative justice setting with parents, other youth and adults, to identify the harms their offense has caused to themselves, their families and the community, as well as specific means to repair each harm.

GLBT Youth in Iowa Schools Task Force • \$5,000.00

Make It Better Iowa

To develop a sustainable model that provides access to mental health services in Central Iowa for lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth and their families.

Iowa Health Foundation - La Clinica de la Esperanza • \$20,000.00

Apoya su Salud Integral: Support Your Overall Health

To optimize the identification, treatment, and evaluation of outcomes for common mental health disorders among adult Latino/a patients of La Clinica by: 1) providing an integrated, supportive care management program that builds on the existing relationship between the Primary Care Provider and the patient, and 2) offering culturally and linguistically appropriate mental health therapy and counseling within the patient's medical home.

New Opportunities • \$22,000.00

Dallas County Dental Health Project

To improve access to oral health services for Dallas County Women, Infants and Children (WIC) clients by equipping a mobile dental hygiene clinic to provide dental education, preventative dental hygiene services, dental referrals and care coordination services.

Orchard Place Child Guidance Center • \$7,000.00

Early Childhood Mental Health Consultation

ECMHC is a problem-solving and capacity building intervention implemented within a collaborative relationship between a professional consultant with mental health expertise and one or more professionals, primarily in child care or early education, who have other areas of expertise. ECMHC aims to improve ability of child care program staff and pre-K programs and teachers, families and systems to prevent, identify, treat and reduce the impact of mental health problems among young children and their families. The Project expands the scope of ongoing ECMHC to engage and serve child care and early education providers that are not among the United Way partner child care programs. The ECMHC Project will assist childcare and pre-K programs to use social and emotional developmental screening and support training in Positive Behavior Interventions and Supports. Further the ECMHC Project will collaborate with Child Care Resource and Referral (CCR&R) to coordinate with CCR&R consultation services and prevent duplication.

Prevent Child Abuse Iowa • \$15,000.00

Healthier Outcomes for Children through Improved Child Abuse Prevention Services

This project will improve health outcomes for Iowa's children through the provision of more effective child abuse prevention services. Toward that end, the project will: (1) conduct a comprehensive evaluation of child abuse prevention services, (2) highlight components of those services that show evidence of effectiveness, (3) identify evidence-based prevention curricula and programs, and (4) increase knowledge of services more likely to produce positive outcomes for children and their families.

Visiting Nurse Services • \$30,000.00

VNS of Iowa Outreach Program

The goal of the VNS Outreach Program is to assist families in navigating the health and human services system in Polk County. The Outreach Team serves as a guide in helping individuals and families identify the services that best meet their needs. This guidance is conducted through outreach and education to individuals and families with a variety of needs including health insurance, access to regular medical and dental providers, transportation, age-specific health and development information, and community resources.

2011 Community Response Grants

Catholic Charities • \$20,000.00

Community Outreach Program/Spanish Language Counseling

The goal of the Hispanic Community Outreach Spanish-Language Counseling Program is to make affordable, high quality, culturally-competent first language counseling services readily available to the most vulnerable (uninsured, low-income) Spanish-speaking Latino immigrant residents of Polk and Dallas Counties by 1) providing access to mental health services regardless of their financial situation and 2) providing outreach and information to consumers about the available bilingual mental health services.

Central Iowa Shelter and Services • \$25,000.00

Community Health Clinic

In partnership with Primary Health Care, Central Iowa Shelter & Services will be operating a health clinic on-site at the new shelter opening in the fall of 2012. This medical clinic will serve shelter clients and uninsured and under-insured individuals with preventative and urgent care. Its location along the south side of the downtown corridor will provide basic health services in an area easily accessible by public transportation or within walking distance of low-income housing.

Children and Families of Iowa • \$15,000.00

Cornerstone Recovery Outpatient Treatment

To assist teens dealing with substance abuse and mental health issues, CFI will provide preventive and treatment services through Cornerstone Recovery. CFI provides a holistic approach that addresses the cognitive, emotional and healthy decision-making skills of the adolescent. This program has the reputation for being progressive in its ability to implement evidence-based therapeutic approaches to meet the needs of adolescents.

Chrysalis Foundation • \$10,000.00

GIRLSTRONG!

GIRLSTRONG! is a health and wellness program to be delivered to over 500 girls grades 5-8 at 28 community sites hosting Chrysalis After-School programs. Delivering nutrition, fitness, positive body image, and healthy lifestyle education, GIRLSTRONG! intends to ensure development of lifelong behaviors leading to healthy weight, positive body image, appropriate choices, and prevention of risk factors leading to poor health and chronic disease. Program staff training and involvement of parents is included in program activities.

Des Moines Health Center • \$20,000.00

Smile Squad Oral Health Program

The program goal is to improve the oral health of children in this community by providing an array of dental services on-site in area schools. Specifically, the program will provide oral health education, screenings, and referrals in 48 pre-school sites, 36 elementary schools, and 8 middle schools. Additionally, the program will provide fluoride varnish applications in the pre-school sites and dental treatment services in the elementary and middle schools in the Smile Squad Mobile Dental Clinic.

Des Moines Pastoral Counseling Center • \$10,000.00

C.O.O.L. Assistance (Children Overcoming the Obstacles of Life)

To improve access to mental health counseling for the increasing number of children and adolescents from uninsured, underinsured, lower-income families by subsidizing the cost of counseling with C.O.O.L. assistance. To increase the educational readiness, emotional maturity, and social success of children in our community by making hope and healing through counseling affordable to all. To help youth with physical, emotional, or mental challenges by making the unique approach of C.O.O.L. counseling accessible and affordable.

Iowa Caregivers Association • \$15,000.00

Access to Quality Care through a Stable Direct Care Workforce

Improve access to health and long term care by ensuring a stable direct care workforce. Iowa faces a severe and growing "Care Gap" -- the stark difference between the declining supply of and the growing demand for direct care workers (DCWs). By 2018, Iowa will need an additional 12,000 DCWs. In human terms, this means that Iowans who need care and support for the most critical and personal daily tasks -- such as bathing, dressing, using the toilet, eating, and monitoring medications -- will not receive it. The following strategies will address the "Care Gap": 1) Increase DCWs' access to information about health care safety net and asset-building programs; and 2) Increase awareness about Iowa's "Care Gap".

Lutheran Services in Iowa • \$10,000.00

Healthy Opportunities for Parents to Experience Success (HOPES) Program

The goal of LSI's Healthy Opportunities for Parents to Experience Success (HOPES) program is to improve child outcomes in the area of health by connecting families and children to a medical provider to assure optimal health, development, timely immunizations and well child care.

Mentor Iowa • \$5,000.00

Man Up

The "Man Up" program will teach and promote responsibility, reinforce positive behavior and develop character in adolescent males. The journey that young men between the ages of 13 - 18 will face as they enter into adulthood is challenging, requiring adolescent males to understand and manage many issues and transitions.

Polk County Health Department • \$5,000.00

Jumpstart Back to School Health Fair

This event will ensure that kids who lack access to healthcare services are ready for school. They will have their required medical screenings completed as well as have appropriate school supplies. We will also use this opportunity to introduce families to preventive health care, help them access health insurance, and connect them to enriching programs and resources in the community. Kids who are ready for school and can access health services perform better in school and life.

Young Women's Resource Center • \$20,000.00

Childbirth Education and Doula Program

To facilitate maternal/child well-being and decrease the incidences of low birth weight, premature births and infant mortality among pregnant young women ages 12-21 in greater Des Moines by offering education and support services focused on proper prenatal care, childbirth, initial bonding and breastfeeding initiation.

Youth Emergency Services & Shelter of Iowa • \$25,000.00

Crisis Assessment and Counseling Services

The overall goal of services are to: 1) provide immediate crisis stabilization and assessment, 2) ensure safety by allowing youth access to emergency shelter, 3) construct service plans and provide counseling to help resolve youth and family problems, 4) reunify families whenever possible and appropriate, 5) provide ongoing counseling services to maintain placement in the home, and 6) prevent abuse and divert children from involvement with the Child Welfare and Juvenile Justice Systems.

2011 Mini-grants

United Way of Central Iowa • \$1,349.30

2011 Advocacy Training - Joint advocacy training session for non-profit organizations.

Child and Family Policy Center • \$5,000.00

ACEs Issue Briefs

Children and Family Urban Ministries • \$5,000.00

2011 Annual Back-to-School Health Fair - to assist families living in poverty prepare their children for the new school year. Students receive school and sports physicals, vision, dental, and lead poison screenings, school supplies, and clothing in preparation to begin school and encourage academic success throughout the school year.