

2012 Mid-Iowa Health Foundation Grants

Health Initiatives – Children’s Healthy Development

AMOS • \$25,000.00

Building Healthy Communities

To support organizing efforts to protect and improve central Iowa’s health care system for the most vulnerable, including the impact on consumers of the safety net health care system by the Affordable Care Act and the state’s mental health reform efforts, integrated care models for primary and mental health care, and children’s mental health.

Child and Family Policy Center • \$25,000.00

Child Health Advocacy for the 2013 Legislative Session

To build the knowledge base and political will to establish public policies, particularly under Medicaid, that implement evidence-based programs and strategies to address social determinants of health and prevent or respond to adverse childhood experiences. During the 2013 legislative session work to impact policy, build partnerships and engage coalitions focusing on the establishment or expansion of these policies and programs will continue.

Community! Youth Concepts • \$12,779.38

Youth Engagement Project

During Phase 2 of this project, CYC plans to engage youth through the creation of a Youth Advisory Board to inform health-related initiatives. CYC will recruit youth, convene them for an initial retreat, and engage them in at least monthly meetings following the retreat. CYC proposes to build community partnerships between youth and planning initiatives around health priorities, and will engage planning partners in discussion about ways for youth to inform and advise planning and program efforts around health issues impacting the community.

Dallas County Public Health • \$1,000.00

Dallas County Mental Health Workgroup - ACEs facilitated discussion

The Mental Health workgroup has championed a paradigm shift explaining that the identified priorities are interconnected and positively influencing one will ultimately affect the others. This is consistent with the recent research findings of Dr. Anda’s Adverse Childhood Experiences Study (ACES). Dr. Anda and Laura Porter will present at the Iowa ACEs Summit in June, and workgroup members and stakeholders will attend to better understand how Dallas County’s current priorities intersect with ACES findings and recommendations. Approximately a week after Dr. Anda’s presentation, attendees will meet to have a facilitated discussion regarding next steps to work towards a truly integrated effort to improve the health of Dallas County residents. The Mental Health workgroup will host this discussion.

Des Moines Health Center • \$25,000.00

Smile Squad Oral Health Program

Program provides an array of dental services to children onsite in area pre-schools, elementary, and middle schools primarily in Polk County. Program will provide oral health education, dental screenings, referral for dental treatment, and fluoride varnish applications in 48 Head Start and targeted pre-schools; Oral health education, screenings, referrals, dental sealants and dental treatment services on the mobile dental clinic to children attending 36 elementary schools; and oral health education, dental screenings, referrals, dental sealants, and dental treatment services to 6th graders attending 6 middle schools. The Smile Squad Mobile Dental Clinic, a two chair mobile dental clinic, will be used to provide dental sealants and dental treatment services.

Iowa Chapter of the American Academy of Pediatrics -

Iowa Association for Infant and Early Childhood Mental Health • \$10,000.00

The Iowa Association for Infant and Early Childhood Mental Health is an organization that was recently formed to address workforce capacity in the area of young children’s social, emotional, and behavioral development. The grant will advance the work of creating public awareness around the Association structure and role of children’s mental health including: professional marketing services for development of a logo and branding approach, development of a professional website, print materials to promote the Association and role of children’s mental health, professional exhibit materials to promote the Association at conferences and community events, and a public awareness event.

Iowa Department of Public Health • \$9,600.00

ACEs & Mental Health Modules for the 2013 Iowa BRFSS

The grant will support incorporating six identified questions from the Mental Illness and Stigma Optional Module 17, and all questions from the Adverse Childhood Experiences Module as state-added questions, into the 2013 BRFSS developed by the Centers for Disease Control and Prevention (CDC) into the Iowa 2013 BRFSS survey.

Iowa Foster and Adoptive Parents Association • \$7,050.00

Caring for Children Who Have Experienced Trauma - Educational Forum

The forum will educate resource parents (foster, adoptive and kin) who care for children who have experienced trauma including information on trauma's role in childhood development, developing trauma informed parenting skills which improve children's overall mental, emotional and physical wellbeing, and creating stronger family relationships in which children who have experienced trauma can thrive.

Lutheran Services in Iowa • \$25,000

Healthy Families America (HFA) Refugee Expansion Pilot

In this pilot, LSI will expand the Healthy Families America (HFA) program to refugee families. HFA provides comprehensive, evidence-based, in-home prevention programming that promotes healthy, safe and self-sufficient families. Family Support Workers provide activities and curriculum to achieve these goals and objectives including intensive home-visitation services, group socialization experiences and monthly parent education classes. Recognizing that parents are the first and best educator of their children, these strength-based activities promote positive parent-child interaction, appropriate guidance, decision making and stimulating play. Best practices for the expansion to refugee families require several program adaptations, including: cultural competency training for staff to ensure staff understands and respects cultural differences among participants; materials used will reflect the cultural, linguistic, geographic, racial and ethnic diversity of the population served; and curriculum and materials used are provided in families' native language. Project will also address refugee families' additional needs, including: referrals to community resources, additional transportation needs, and translation of materials and interpretation services for medical, dental, and education appointments, as well as HFA home visits.

Mercy Hospital Medical Foundation • \$5,000.00

Implementation of 1st Five in Mercy Central Pediatrics Clinic

Mercy Clinics, under the leadership of physician champion, Dr. Mustafa El-Dadah, and population health coach, Julie Lundy, will implement First Five at the Mercy Central Pediatrics Clinic. Seed funding will build the infrastructure to launch the program and hardwire this process into the clinic culture. Given the diverse nature of the patient and parent population, and importance of communicating with these families in their language of origin, translation of the First Five screening and referral form and the family brochure into the languages we most often see in our clinics.

Iowa ACEs Summit - United Way of Central Iowa • \$6,000.00

2012 Iowa ACEs Summit

A collaboration between Mid-Iowa Health Foundation, United Way of Central Iowa, Iowa Department of Public Health, and Iowa Health Des Moines. Dr. Robert Anda, a world renowned researcher in the area of chronic disease epidemiology, will present his research in Des Moines on June 11. He is the co-principal investigator of the Adverse Childhood Experiences (ACE) Study and a senior research consultant to the Center for Disease Control and Prevention.

Visiting Nurse Services • \$50,000.00

Outreach Program - Healthy Mental Development Initiative

Project will support and expand the 1st Five Initiative in partnering with local primary care and other providers to identify children's healthy mental development needs, connect children and families to resources, and assist families in system navigation.

Young Women's Resource Center • \$40,000.00

Young Moms Program - Individual Support & Therapy Expansion

A full time Perinatal Services specialist will work with other key teen mom programs in the community to briefly staff each parenting teen to assess and determine the most appropriate array of services for each family and to develop a coordinated system of service delivery. The project will also expand services to include individualized support for 1) education and career counseling, 2) parenting skills, 3) school readiness skills for children, as well as individual and group therapy to address personal issues that are barriers to successful lives for the young moms and their children.

Youth Emergency Services & Shelter of Iowa • \$35,000.00

YESS Clinical Programming & Organizational Modeling

Counseling, Therapy and Access Center programming and staff target youth and their families in an effort to meet the challenges of averting and diverting youth from system involvement. In addition, implementation of the Sanctuary Model of programming and organizational transformation will allow for ongoing engagement of key staff with the national Sanctuary movement and will support staff training and the implementation of this model at YESS, as well as providing presentations, demonstrations and support to agencies interested in learning more about the YESS strategies and organizational modeling.

Community Response Grants – Healthcare Safety Net

Catholic Charities • \$25,000.00

Hispanic Community Outreach Program/Spanish Language Counseling

The Spanish-Language Counseling Program makes affordable, high-quality, culturally competent first language counseling services readily available to the most vulnerable (uninsured, low-income) Spanish-speaking Latino immigrant residents of Polk and Dallas Counties by providing access to mental health services regardless of their financial situation, and providing outreach and information to consumers about the available bilingual mental health services.

Children and Families of Iowa • \$20,000.00

Teen Recovery Outpatient Program

The program assists teens dealing with substance abuse and mental health issues through outpatient preventative and treatment services at CFI's Cornerstone Recovery center. CFI will provide a holistic approach that addresses the cognitive, emotional and healthy decision-making skills of the adolescent. This program has the reputation for being progressive in its ability to implement evidence-based therapeutic approaches to meet each youth's individual needs

Children and Family Urban Ministries • \$10,000.00

2012 and 2013 Back to School Health Fairs

The Annual Back to School Health Fair is designed to assist families living in poverty prepare their children for the new school year. Students receive school and sports physicals, vision, school supplies, and clothing in preparation to begin school and encourage academic success throughout the school year.

The Homestead • \$30,000.00

Children's Autism Project – Expansion

The Homestead plans to open a Children's Autism Project in Clive to meet the growing need for services for children with autism. The center will provide individualized, intensive intervention using Applied Behavior Analysis (ABA) that will lead a child to learn more efficiently in the home, school, and community. Services will be provided in a site specifically designed, renovated and equipped for that purpose using research-based, evidence proven techniques geared specifically to children with autism.

Iowa Dental Foundation • \$5,000.00

2013 Iowa Mission of Mercy

The Iowa Mission of Mercy is a large scale, two-day dental clinic where dental professionals donate their time to provide free oral health care to individuals who face barriers to receiving care. The goal of the Iowa Mission of Mercy is to address immediate, acute oral health issues for patients as well as to provide information on good oral hygiene and resources for free or low-cost oral health care.

Iowa Legal Aid • \$15,000.00

Health and Law Project

The project will improve the health and well-being of low-income patients by resolving the legal issues that are impacting their health and by so doing, reduce their need for ongoing medical care.

Iowa Prescription Drug Corporation • \$35,000.00

Polk County Community Corrections Behavioral Health Assistance

To reduce the rate of recidivism among offenders with behavioral health disorders in central Iowa by creating a sustainable system to provide access to affordable health care, and provide access to low-cost behavioral health medications - both of which are necessary to establish a safe and stable lifestyle outside of the local Corrections system.

Planned Parenthood of the Heartland • \$20,000.00

Sexuality Health Education for High Risk Youth in Polk County, IA

The project goal is to prevent and reduce unintended pregnancies and sexually-transmitted infections (STIs) among three groups of high-risk youth in Polk County, IA, through science-based education and outreach programs. The three groups include: 1. Runaway/homeless youth aged 13-24 at Iowa Homeless Youth Center sites in Des Moines; 2. Teens participating in mental health/ addiction treatment programs at Cornerstone Recovery in Ankeny, IA; and 3. Teens detained at the Polk County Detention Center.

Polk County Health Department • \$5,000.00

Jumpstart Back to School Health Fair

This event will ensure that kids who lack access to healthcare services are ready for school. They will have their required medical screenings completed as well as have appropriate school supplies. We will also use this opportunity to introduce families to preventive health care, help them access health insurance, and connect them to enriching programs and resources in the community. Kids who are ready for school and can access health services perform better in school and life.

Polk County Medical Society Foundation • \$10,000.00

Volunteer Physician Network

To provide access to specialty care for uninsured central Iowans by coordinating free care through a network of volunteer specialists, hospitals and surgery centers. The VPN volunteers donate their services on a rotating basis so free care is evenly distributed. Patients treated by specialists through the VPN program receive the complete care they need, learn about health care risks and how to manage their health, which allows them to live a more productive life.

WesleyLife Community Service, Inc • \$10,000.00

Public Health Nursing Program

The purpose of this program is to improve the health of the community by preventing illness, enhancing quality of life and providing leadership to safeguard the health and wellness of the community. The program implements essential public health services to reduce, prevent, or delay inappropriate hospitalization of consumers and preserve families with service outcome focusing on restoring clients to optimum functioning and preventing hospitalization.