

# 2013 Mid-Iowa Health Foundation Grants

## **Children's Healthy Development**

### **Iowa Foster and Adoptive Parents Association • \$30,800.00**

#### *Fostering the Trauma Connection: Integrating Trauma into IFAPA Trainings*

To assist foster, adoptive and kinship parents in integrating trauma informed practices in their daily parenting by 1) ensuring every IFAPA trainer is trauma informed and their materials contain a trauma component, and 2) ensuring all IFAPA trainings contain practical, action steps families can implement through a trauma lens.

### **Community! Youth Concepts • \$18,743.00**

#### *Youth Philanthropy Council for Community Health*

The global goal of the Youth Philanthropy Council for Community Health is to engage metro area youth in community health philanthropy by providing opportunities to learn about the inner workings of grant-making and management, completing assessments of community health needs, creating strategies to address those needs, and connecting with community leaders to influence change.

### **Des Moines Health Center • \$20,000.00**

#### *Smile Squad Oral Health Program*

To improve children's oral health in this community by providing an array of dental services on-site in area schools. The Smile Squad Program will provide oral health education, screenings, and referrals in 52 pre-school sites, 36 elementary schools, and 6 middle schools. Additionally, the program will provide fluoride varnish applications in the pre-school sites and dental treatment services including dental sealants in the elementary and middle schools in the Smile Squad Mobile Dental Clinic.

### **Child and Family Policy Center • \$20,833.00**

#### *Child Health Policy*

CFPC will build the knowledge base and political will to establish public policies addressing the physical- and mental-health needs of Iowa children, families and those in need; address social determinants of health; and prevent or respond to adverse childhood experiences. CFPC will continue to build partnerships, engage coalitions, and influence policy focused on establishing or expanding effective, evidence-based policies and programs in the state.

### **Prevent Child Abuse Iowa • \$10,000.00**

#### *ACEs Prevention Awareness Project*

This project will strengthen community partnerships throughout Iowa that help build protective factors in families to buffer against child abuse. With the help of PCA Iowa's network partners and experts, the project will make a compelling case for the importance of child abuse prevention efforts to the healthy development of children and adult health and productivity. To make this case, the project will build upon nationally recognized research on the impact of adverse childhood experiences on adult health.

### **Young Women's Resource Center • \$40,000.00**

#### *Individual Support Program*

To facilitate children's healthy development in greater Des Moines by 1) offering young moms ages 13-21 education and support services focused on individual goals in the areas of Health, Education, Relationships and Parenting, and 2) collaborate with other organizations providing services to teen moms.

**Youth Emergency Services & Shelter of Iowa • \$35,000.00**

*Commitment to Sanctuary and Trauma Informed Care*

This grant application is two-fold. First, the funding requested in this application will be utilized to create a trauma informed culture for the children YESS serves via service delivery. In addition, the funding requested will be used to provide agency staff with the education, tools and resources necessary to provide the best possible care to the children and families in need of YESS' assistance. To that end, YESS has undertaken a variety of initiatives and activities to ensure the highest quality services are being provided to children and agency staff are well trained and understand trauma informed care, as well as the importance of wellness and self-care. As the cornerstone of these activities, YESS is in the process of creating a trauma informed culture and environment through the agency-wide implementation of the Sanctuary Model.

Implementation of Sanctuary commitments in alignment with overall goals of services - 1) provide immediate crisis stabilization and assessment, 2) ensure safety by allowing youth access to emergency shelter, 3) construct service plans and provide counseling to help resolve youth and family problems, 4) reunify families whenever possible and appropriate, 5) provide ongoing counseling services to maintain placement in the home, 6) prevent abuse and divert children from involvement with the Child Welfare/Juvenile Justice Systems.

**Iowa Department of Public Health • \$9,300.00**

*ACEs, Mental Health and Neglect Modules for the 2014 Iowa BRFSS*

The goal of the project is to gain scientific data which will indicate which ACEs and which ACE-related outcomes in Iowa are key health risk behaviors for professionals to focus on in order to achieve healthy development in children. Six identified questions from the Mental Illness and Stigma, six neglect questions, and all questions from the Adverse Childhood Experiences Module as state-added questions, into the Iowa 2013 BRFSS survey.

**United Way of Central Iowa • \$10,000.00**

*Central Iowa ACEs Steering Committee*

The goal of the Central Iowa ACEs Steering Committee is to measure ACEs data in Iowa, raise awareness of the study and the impact of toxic trauma, and to identify effective interventions to minimize the risk of ACEs

**Iowa State University • \$28,166.00**

*Assessing the Impact of Adverse Childhood Experiences in Iowa*

This proposal outlines plans for data analysis, deliverable products, and outreach activities pertaining to the Adverse Childhood Experiences (ACE) data module of the 2012 Iowa Behavioral Risk Factor Surveillance System. Previous studies at the national level and in other states have found that ACEs are associated with mental, physical, social, and behavioral health outcomes at significant private and public costs; hence the urgency to understand ACE-related impacts among Iowa residents. This proposal outlines a plan that would put our experienced research team in close collaboration with the Central ACEs Steering Committee and would develop the following deliverable products: 1) a review of literature on ACE prevention, early intervention, and resiliency, 2) core data analysis, 3) extended data analysis, 4) report for laypersons, 5) visual presentation materials, and 6) kickoff events. This proposal also contains information about organizational capacity and expertise of the research and outreach team.

## **Greater Des Moines Healthcare Safety Net**

### **Primary Health Care, Inc. • \$40,000.00**

#### *Centralized Call Center*

This project involves implementation of a centralized call center to handle all incoming calls for the organization. The purpose of this call center is two-fold: 1) to improve our patients' experience with PHC when they make an appointment or wish to speak with a member of the clinical team, and 2) to improve effectiveness, efficiency and productivity in the clinics.

### **Catholic Charities • \$30,000.00**

#### *Community Outreach Program/Spanish Language Counseling*

The goal of the Hispanic Community Outreach Spanish-Language Counseling Program is to make affordable, high-quality, culturally competent first language counseling services readily available to the most vulnerable (uninsured, low-income) Spanish-speaking Latino immigrant residents of Polk and Dallas Counties by 1) providing access to mental health services regardless of their financial situation, and 2) providing outreach and information to consumers about the available bilingual mental health services.

### **Children and Families of Iowa • \$20,000.00**

#### *Teen Recovery Outpatient Program*

Children & Families of Iowa (CFI) will assist teens dealing with substance abuse and mental health issues through outpatient preventative and treatment services at CFI's Cornerstone Recovery center. CFI will provide a holistic approach that addresses the cognitive, emotional and healthy decision-making skills of the adolescent. This program has the reputation for being progressive in its ability to implement evidence-based therapeutic approaches to meet each youth's individual needs.

### **Dallas County Hospital Foundation Inc • \$30,000.00**

#### *COACH ED (Coordinating Outreach and Access to Care for Hospital Emergency Department)*

### **Iowa Legal Aid • \$15,000.00**

#### *Health and Law Project*

Low-income individuals and families face numerous social determinants - including substandard housing, domestic violence, no utility service, inadequate nutrition, and inappropriately denied public services or benefits - that can increase the risk of health problems and hospitalizations. This project will "treat health maladies with a legal cure" or more aptly, reduce health disparities by advocating for clients and attaining conditions and environments that lead to positive health outcomes.

### **Visiting Nurse Services • \$30,000.00**

#### *Coordination for Single Point of Entry for the Health Insurance Marketplace*

The goal is to provide a single community point of entry through an Intake Coordinator at VNS of Iowa for assistance in enrolling in the Health Insurance Marketplace for the greater Des Moines area. The Coordinator will serve as a resource to answer questions, link to interpretation services, connect citizens with community sponsored educational offerings and provide enrollment assistance. Access to on-site Navigators and Certified Application Counselors within the community will also be available.

**Iowa Policy Project • \$6,000.00**

*The Cost of Living in Iowa*

To show what it costs for families to attain a basic standard of living in Iowa, the wage levels needed to attain that standard, and the kinds of assistance needed when wages fall below that level. We do this by preparing biennial estimates of the cost of a basic family budget for representative family types in each of Iowa's 99 counties and by modeling programs and tax systems that affect those families.

**Planned Parenthood of the Heartland • \$20,000.00**

*Street Smarts Integrated Care Project*

The project goal is to engage homeless youth who are medically underserved in education and medical services and expand their knowledge of the healthcare system; assist in accessing needed healthcare and preventive health services; and reduce negative health outcomes. Trained staff and volunteers will provide outreach, one-to-one mentoring and prevention education through MyHealth Express located at 818 5th Avenue and accessible to youth-serving agencies and homeless populations congregating in downtown Des Moines.

**WesleyLife Community Service, Inc • \$15,000.00**

*Public Health Nursing Program*

The purpose of this program is to improve the health of the community by preventing illness, enhancing quality of life, and providing leadership to safeguard the health and wellness of the community. The program implements essential public health services to reduce, prevent, or delay inappropriate hospitalization of consumers and preserve families. Our service outcome measures focus on restoring clients to optimum functioning and preventing hospitalization.

**AMOS - A Mid-Iowa Organizing Strategy • \$30,000.00**

*Health Care for All*

Organize a comprehensive community education effort on the Affordable Care Act (ACA) with a particular emphasis on the under and uninsured.

Organize a more cohesive network of relationships among care providers, health care advocates, public health officials and consumers of health care as the ACA becomes reality.

Ensure the state's mental health care redesign efforts are implemented in the most effective way possible. Specifically, advocacy for the primacy of the consumer voice in the process and adequate funding for the new system.