

2014 Mid-Iowa Health Foundation Grants

Children's Healthy Development

Blank Children's Hospital • \$5,000.00

Community Introduction to Early Brain Development

A collaborative messaging group (TIC stakeholders, ACES 360, Prevent Child Abuse Iowa and the Developing Brain) intends to develop a booklet, created at least in part by Linda Chamberlain. The booklet will be a basic introduction to a broad community audience on early brain development and the impact of toxic stress, as well as prevention, intervention and resilience building strategies. The goal is to create a unifying community education and engagement piece.

Blank Children's Hospital • \$3,500.00

Developing Brain, Developing Accountability Conference

Child and Family Policy Center • \$30,000.00

Child Health Policy, the 2015 Legislative Session, and ACEs

The Child and Policy Center will build the knowledge base and political will to establish public policies addressing the physical- and mental-health needs of Iowa children and families and others in need; address social determinants of health; and prevent and respond to adverse childhood experiences (ACEs). During the 2015 legislative session, CFPC will continue to build partnerships, engage coalitions focused on establishing or expanding effective, evidence-based policies and programs and influence policy. CFPC will also develop a two-part research brief on adverse childhood experiences in Iowa, answering the following questions: How do we identify Iowa families with children who are currently, or at risk for, experiencing high levels of stress? What policy approaches might Iowa adopt in order to prevent or mitigate the adverse experiences of children right now?

Community Youth Concepts • \$22,909.00

uVoice Youth Philanthropy Board

The uVoice Youth Philanthropy Board exists to engage metro area youth in philanthropy and leadership development efforts to improve the health and wellbeing of the community. uVoice provides opportunities for youth to learn about the inner workings of grant-making and management, complete assessments of community health needs, create strategies to address those needs, and connect with community leaders to influence change.

Des Moines Health Center • \$20,000.00

Smile Squad Oral Health Program

The Smile Squad Program will provide oral health education, screenings, and referrals in 52 pre-school sites, 36 elementary schools, and 6 middle schools. Additionally, the program will provide fluoride varnish applications in the pre-school sites and dental treatment services, including dental sealants in the elementary and middle schools in the Smile Squad Mobile Dental Clinic.

Lutheran Services in Iowa • \$32,665.00

Healthy Families America (HFA) Refugee Expansion

The purpose of the Healthy Families America (HFA) Refugee expansion project is to administer intensive in-home visitation services to provide parental awareness of child health, development and facilitation of family self-sufficiency and stability to access resources for Refugee & over burdened families in order to improve child outcomes by improving parental involvement.

Oakridge Neighborhood Services • \$2,500.00

Check Out Our Hood: Voices and Views

Our Hood is designed as a 10 week arts-based out of school and summer program for youth ages 14-18 which will provide training in various arts forms to include the visual arts, graphic design, and photography. Participants will be provided an opportunity to develop and use their skills to create a visual and audio exhibition to be shared with the greater Des Moines community.

Orchard Place • \$45,000.00

Sanctuary Model: Transforming Mental Health Services to Rebuild Safety, Resiliency and Hope

The Sanctuary Model is built from a theory based, trauma-informed and evidence-supported approach, which provides a context to address trauma. It is the intersection of learnings as an organization and a community in regards to Adverse Childhood Experiences and Trauma Informed Care. Implementation will transform our service delivery model and is a three year process, completed by December 2017. Orchard Place will be the only organization in Iowa to fully implement this model.

Prevent Child Abuse Iowa • \$18,000.00

Best Practices in ACEs Response Project

This project will provide greater focus, collaboration and resources to support an effort to improve Iowans' health and well-being by 1) identifying language and practices that show success in engaging community sectors in responding to The Adverse Childhood Experiences Study and 2) creating a unified, branded message. This work will help help professionals and community groups implement effective strategies that address trauma, build on client strengths and engage more partners in preventing ACEs.

United Way of Central Iowa/Central Iowa ACEs 360 • \$6,800.00

Adverse Childhood Experiences Response Toolkit

The goal of the ACE Response Toolkit is coordinate and provide further knowledge and resources to the central Iowa community to better respond to the ACE study data. This includes outlining a set of desired responses which can or should be available in the state of Iowa, collecting and compiling examples of tools that are already available and in use in Iowa and other states, and highlighting major gaps in available resources.

Young Women's Resource Center • \$40,000.00

Healthy Development

To facilitate children's healthy development in greater Des Moines by 1) offering young moms ages 13-21 individualized education and support services 2) providing opportunities for children to participate in intentional literacy and developmental activities and 3) increasing quality of services by incorporating information and strategies related to the TIC (trauma-informed care) and ACES (adverse childhood experiences) initiatives into YWRC programs and practices.

Youth Emergency Services & Shelter of Iowa • \$40,000.00

Commitment to Trauma Informed Care and Sanctuary

A three-year expansion is currently underway at YESS to increase capacity and triple the number of children served by 2017. YESS requests a multi-year grant to provide support for continuation of Trauma Informed Care practices and the Sanctuary Model implementation. Funding will be utilized to continue creating a trauma informed culture for the vulnerable children YESS serves, as well as providing agency staff with the education and tools necessary to deliver effective and innovative services.

Greater Des Moines Healthcare Safety Net

Catholic Charities • \$20,000.00

Community Outreach Program/Spanish-Language Counseling

To make high quality, culturally-competent and affordable mental health counseling services available to the most vulnerable (uninsured, low-income) Latino immigrant residents of Polk and Dallas Counties by providing access to mental health services regardless of their financial situation (insurance or sliding fee scale based on income and number supported in family) and by providing outreach through community contacts/presentations reaching consumers about our services and in providing information about mental health/wellbeing.

Central Iowa Shelter and Services • \$15,000.00

Client Impact/Staff Success: Training, education and implementation for process improvement in trauma and behavioral health issues.

To educate CISS professionals about the impact of trauma and stress on the behaviors of clients; educate CISS professionals about when and how to intervene directly in a trauma-sensitive manner; ensure our clients have access to necessary services, including referrals to partners and effective interventions, with the long-term goal of healing; and support our goal to become more informed and educated on effective trauma care, with change in our organizational culture as the long-term goal.

Children and Families of Iowa • \$20,000.00

Teen Recovery Outpatient Program

Children & Families of Iowa (CFI) will continue to partner with Mid-Iowa Health Foundation assist teens dealing with substance abuse and mental health issues through outpatient preventative and clinical treatment services at CFI's Cornerstone Recovery center. CFI's treatment program is unique in its approach as it addresses the duality of substance abuse and mental health issues, through an expert team of certified counselors and licensed clinical therapists.

Dallas County Hospital Foundation Inc • \$15,000.00

COACH ED (Coordinating Outreach and Access to Care for Hospital Emergency Department patients)

COACH ED will strengthen the county's safety net and provide care coordination for frequent users of the Dallas County Hospital emergency department and other high risk patients by 1) navigating them to needed preventive, primary care, behavioral health or other social support services and 2) providing ongoing case management, education and outreach and 3) building on collaborative efforts with area coalitions and service providers to enhance county-wide care coordination and patient navigation efforts.

Ethnic Minorities Of Burma Advocacy And Resource Center • \$20,000.00

EMBARC's Health Navigator Project

To increase refugees' access to health care by empowering, engaging and training leaders within Central Iowa's refugee community from Burma to provide much needed education, resources and support to their fellow community members.

Iowa Caregivers Association • \$42,000.00

Oral Health Education for Direct Caregivers

To improve access to and quality of oral health for older and disabled Iowans in central Iowa who are homebound or live in nursing homes by: 1) developing or modifying an existing oral health curriculum that aligns with the newly created oral care competencies for direct care workers; then testing, branding, and evaluating it. Project partners include Department of Public Health, DMAACC, Dental Hygienist's Association, University of Iowa, Iowa CareGivers, and others.

ISED Ventures • \$4,466.00

Operation Outreach

Planned Parenthood of the Heartland • \$15,000.00

Integrated care for at-risk youth and young adults.

To decrease teen pregnancy/unintended pregnancy, STI and HIV rates among at-risk youth by providing education, outreach and access to health services to youth who are homeless, or at-risk.

Polk County Health Department • \$7,000.00

Health Access Barriers Project

To identify barriers to accessing health care for families enrolled in the Iowa Health and Wellness Plan and create an improvement plan to address those barriers to better ensure equal access to healthcare for all.

Primary Health Care Inc • \$25,000.00

Centralized Intake for homeless individuals and families in central Iowa-- the community's 3-year implementation

The goal of Centralized Intake, operated by Primary Health Care, Inc. (PHC), is to directly help individuals and families experiencing homelessness or who are near homelessness, by connecting them to the right resources in the most timely and efficient way. At PHC, we are fond of the approach that "housing is health care". Once someone is linked to community assets-- especially housing-- their health outcomes improve dramatically.

United Way of Central Iowa • \$8,000.00

United Way of Central Iowa and Community Partners Mental Health Study

This project will provide assessment of the mental health landscape in central Iowa. Goals are:

- To understand the implications of national, state and local changes to coverage, service delivery, and funding
- To assess community needs and identifying gaps in mental health services for children and adults
- To determine what changes to the mental health delivery system would be most beneficial
- To identify opportunities to improve service delivery, coordination and funding

Visiting Nurse Services • \$20,000.00

Health Literacy Program

The goal is to increase the health literacy skills of individuals in Central Iowa through culturally competent strategies. The strategies will include one-on-one information provided by bi-lingual outreach staff as well as partnerships with community-based organizations, Polk County Health Department, educators, public libraries, and community leaders.