2015 Mid-Iowa Health Foundation Grants

**Children’s Healthy Development**

**Child and Family Policy Center** • $30,000.00  
*Facilitative leadership around child health and well-being in Iowa.*  
The Child and Policy Center will continue to educate and inform with the goal to build a knowledge and action base improving the health of Iowa children and families and others in need preventing and mitigating childhood adversity. CFPC will engage coalitions and influence decision-making and planning related to child health and well-being. CFPC will also engage in “start up” tasks associated with development of joint child and family focused agenda.

**Community Youth Concepts** • $16,200.00  
*uVoice Youth Philanthropy Board*  
The uVoice Youth Philanthropy Board exists to engage metro area youth in philanthropy and leadership development efforts to improve the health and wellbeing of the community. uVoice provides opportunities for youth to learn about the inner workings of grant-making and management, complete assessments of community health needs, create strategies to address those needs, and connect with community leaders to influence change.

**Des Moines Health Center** • $35,000.00  
*Scavo (Des Moines Public School) - Full Service Dental*  
The Des Moines Health Center will be partnering with the Des Moines Public Schools to provide dental care as part of a Full Service Community School Initiative on-site at Scavo High School. With over 72% of DMPS students being low-income, the focus of this on-site service ties directly to the work of Des Moines Health Center and will increase dental service access to students in Central Iowa. Grant will provide start-up funds for dentist and hygienist.

**Des Moines Independent Community School District** • $20,000.00  
*Scavo Full Service School Dental Clinic*  
Des Moines Public Schools has recognized the need to serve the whole child through the Full Service Community School Model. Through the planning process we have identified several focus areas that are necessary in removing barriers to health and education, with one priority being dental care. Scavo High School has been designed with a community center space to host a dental care program with two treatment rooms. The intent of the Full Service model is to partner with a dental service provider to provide access to any student or family, without regard to cost. Through this Full Service Model we are working to eliminate barriers and increase accessibility for our families. In addition we will design a transportation strategy to assist schools when a child is identified as needing the service throughout our district. The school district will provide the space and access to students for our chosen dental partner. Grant funds will assist in appropriately equipping the identified service space in the manner necessary to launch quality dental programming.

**Lutheran Services in Iowa** • $32,665.00  
*Healthy Families America (HFA) Refugee expansion project*  
The purpose of the Healthy Families America (HFA) Refugee expansion project is to administer intensive in-home visitation services to provide parental awareness of child health, development and facilitation of family self-sufficiency and stability to access resources for Refugee & over burdened families in order to improve child outcomes by improving parental involvement.

**Orchard Place** • $1,000.00  
*Trauma Informed Care Conferences*  

**Polk County Health Department** • $5,000.00  
*Back-to-School Call Center*  
To help families understand what medical services their children need to return to school. To help families get appointments for those services, and get established in a medical or dental home if they don’t have a provider. To help families find insurance. To coach families to overcome barriers when requesting a medical appointment.
**Polk County Housing Trust Fund** • $50,000.00
*Healthy Homes East Bank*

The goal of Healthy Homes East Bank is to improve children’s respiratory health using a collaborative, two-pronged approach that emphasizes housing modifications to promote indoor air quality, and health education for asthma self-management and behavior change.

**Central Iowa ACEs 360/United Way of Central Iowa fiscal agent** • $7,500.00
*Iowa ACEs Report*

Central Iowa ACEs 360 has led the promotion and dissemination of knowledge on the impact of adverse childhood experiences in the greater central Iowa region. Through the Behavioral Risk Factor Surveillance System, conducted by the Iowa Department of Public Health, three years of Iowa ACEs data are now available. This allows us to have more accurate data in Iowa’s less populated counties, and more detailed data in all counties. The goal of this project is to develop and publish a three-year data analysis report of Iowa ACEs data to continue the professional and public awareness work. The information from this report will be used to update presentations, website, and informational documents. The focus of this project will be to design and develop content for the report, including interviewing and writing stories on ACEs and resiliency. Initial data analysis is conducted by the Iowa Department of Public Health, and we will be collaborating with Child and Family Policy Center on additional data analysis for the report. Staff time for project coordination and editing will come from existing Central Iowa ACEs 360 funding.

**Young Women’s Resource Center** • $27,708.00
*Building Better Beginnings Through Informed Care*

It is the goal of the Young Women's Resource Center to improve resiliency and optimism in young mothers and their children whom have been impacted by adverse childhood experiences and/or trauma. The YWRC will implement universal trauma screening for Perinatal program participants. Findings will guide program development through strategic planning. Additionally, results will be shared to better inform the public as well as community partners regarding the specific needs of pregnant and parenting teen mothers.

**Youth Emergency Services & Shelter of Iowa** • $40,000.00
*Commitment to Trauma Informed Care and Sanctuary*

A three-year expansion is currently underway at YESS to increase capacity and triple the number of children served by 2017. YESS requests a multi-year grant to provide support for continuation of Trauma Informed Care practices and the Sanctuary Model implementation. Funding will be utilized to continue creating a trauma informed culture for the vulnerable children YESS serves, as well as providing agency staff with the education and tools necessary to deliver effective and innovative services.

**Greater Des Moines Healthcare Safety Net**

**Broadlawns Medical Center Foundation** • $50,000.00
*Broadlawns Mental Health and Oral Medicine Initiative*

Broadlawns Medical Center is going to build a new clinic facility that will house Outpatient Behavioral Health, Oral Medicine and the Family Health Center. The goal of this initiative is to increase access to high quality mental and oral healthcare for the community’s at risk and underserved population. In order to successfully impact our servicing capacity and achieve sustainability for our clinics, Broadlawns must secure funding to assist with onboarding new providers, therapists and hygienists.

**Catholic Council For Social Concern Inc DBA Catholic Charities** • $20,000.00
*Community Outreach Program/Spanish-Language Counseling*

To make high quality, culturally-competent and affordable mental health counseling services available to the most vulnerable (uninsured, low-income) Latino immigrant residents of Polk and Dallas Counties by providing access to mental health services regardless of their financial situation (insurance or sliding fee scale based on income and number supported in family) and by providing outreach through community contacts/presentations reaching consumers about our services and in providing information about mental health/wellbeing.
Central Iowa Shelter and Services • $40,000.00

*Emergency Services Reduction Program*

CISS recently began community conversations about a significant increase in emergency shelter needs. We have proposed a three month pilot program called “Emergency Services Reduction Program” to have an off-duty police officer and medical professional on-site from 5-9 PM to help reduce our reliance on emergency services. The presence of the trained professionals will allow CISS to be better equipped to assess medical emergencies. The pilot will help demonstrate the value in supporting additional services.

Children and Families of Iowa • $20,000.00

*Teen Recovery Outpatient Program*

Children and Families of Iowa (CFI) will continue to partner with Mid-Iowa Health Foundation to assist teens dealing with substance abuse and mental health issues through outpatient, preventative, and clinical treatment services at CFI’s Cornerstone Recovery Center. CFI’s treatment program is unique in its approach, as it addresses the co-occurring conditions of substance abuse and mental health issues, through a trauma-informed approach delivered by an expert team of certified counselors and licensed clinical therapists.

Employee and Family Resources • $15,000.00

*The EFR Counseling Program*

The EFR Counseling Program aims to provide easily accessible and high quality counseling services to individuals (youth and adult) and families in a safe and confidential setting to address issues of depression, anxiety, addiction, family or marital conflict, and/or other concerns that impact daily functioning and quality of life for all members of our community.

Ethnic Minorities Of Burma Advocacy And Resource Center • $20,000.00

*EMBARC Refugee Health Navigator Project*

To increase refugees’ access to health care and to improve health and wellness by empowering, engaging and training refugees as “Health Navigators” to provide education, resources and support to their fellow community members.

Iowa Legal Aid • $10,000.00

*Iowa Legal Aid Health and Law Response Team Project*

This project aims to more deeply integrate legal aid resources into the workflow of health center staff by focusing on Certified Application Counselors, who are the first responders and possess a significant and detailed understanding of patient financial and social conditions due to their role within the health center. By doing so, the goal will be to improve health care outcomes by removing legal barriers to health, safety and stability.

Iowa Public Health Association Foundation • $1,500.00

*Engaging Iowa’s Public Health System in Medicaid Modernization*

The Iowa Department of Human Services (IDHS) contracted with managed care organizations (MCOs) for Medicaid Modernization, moving Iowa toward risk-based managed care. Iowa Medicaid Enterprise (IME) aims to improve quality and access, promote accountability for outcomes, create a more predictable and sustainable Medicaid budget. The IME RFP obligates MCOs to contract with local public health. This IPHA webinar series addresses what this means for Iowa’s public health system and how public health/safety net providers can leverage this to improve population health.

National Alliance On Mental Illness Of Greater Des Moines • $20,000.00

*NAMI of Greater Des Moines Program and Operating Support*

Our goals are to continue to increase public awareness of the resources available for mental health, offer educational opportunities and support for persons with mental illness, family members, providers and the community, advocate with other stakeholders to address the lack of parity, workforce capacity, multiple levels of services, and children’s mental health system and facilitate community forums (with partners like AMOS) where the wider community can become aware of the issues and become involved.
**Planned Parenthood of the Heartland** • $10,000.00  
*Integrated care for at-risk youth and young adults.*  
To decrease teen and unintended pregnancy, STI and HIV rates among at-risk and homeless youth and to increase access to health services for youth who are homeless, or at-risk.

**Primary Health Care Inc** • $25,000.00  
*Centralized Intake*  
The goal of Centralized Intake, operated by Primary Health Care, Inc. (PHC), is to directly help individuals and families experiencing homelessness or who are near homelessness, by connecting them to the right resources in the most timely and efficient way. Centralized Intake has become a permanent piece of the homeless service fabric in the community.

**U.S. Committee for Refugees and Immigrants - Des Moines Field Office** • $20,000.00  
*USCRI Refugee Wellness Program - Health Advocate*  
The Health Advocate will provide cultural and linguistic support to refugees served by the USCRI - Des Moines Refugee Wellness Program and increase access to holistic healthcare and resources. The Health Advocate will provide community-based care coordination to members of their community through direct interpretation, case management, and healthcare navigation. By building supportive networks, the Health Advocate will create meaningful connections between refugees and healthcare providers to ensure their long-term well-being.

**Visiting Nurse Services** • $7,488.00  
*Iowa Health Link Collaboration*  
Goal: develop a partnership with providers, community-based organizations, Polk County Health Services and Iowa Medicaid Enterprise to address the needs of the community’s most vulnerable populations through the transition to Medicaid Modernization. VNS will bring together a strategic planning group to determine strategies for providers assisting consumers with navigating through the changes imposed by Medicaid Modernization. This project includes developing a planning group and disseminating critical information through outreach and education of Medicaid members.

**Community Collaboratives**

**Greater Des Moines Community Foundation** • $5,000.00  
*Ignite Innovation Challenge*  

**United Way of Iowa** • $5,000.00  
*Iowa ALICE (Asset Limited, Income Constrained, Employed) Project*  
ALICE, a United Way acronym which stands for Asset Limited, Income Constrained, Employed, represents the growing number of individuals and families who are working, but are unable to afford the basic necessities of housing, food, child care, health care, and transportation. Through a series of new, standardized measurements, United Way is quantifying the size of the workforce in each state that is struggling financially, and the reasons why. These measurements provide a broader picture of financial insecurity than traditional federal poverty guidelines.