

# 2016 Mid-Iowa Health Foundation Grants

## **Children's Healthy Development**

### **Central Iowa ACEs 360 (fiscal agent United Way of Central Iowa) • \$15,500.00**

#### *Central Iowa ACEs 360 Learning Expansion*

The Central Iowa ACEs 360 Learning Expansion project seeks to expand and enhance learning events in response to Adverse Childhood Experiences data, accelerating efforts to advance knowledge and inspire collaborative response in central Iowa. The project will reach a diverse group of professionals through Community Learning Circles, sector-based speakers, and an ACEs plenary session.

### **Child and Family Policy Center • \$25,700.00**

#### *Facilitative leadership around child health and well-being in Iowa.*

The Child and Policy Center will continue to educate and inform with the goal to build a knowledge and action base improving the health of Iowa children and families and others in need and preventing and mitigating childhood adversity and supporting efforts focused on children's mental health. CFPC will engage coalitions and influence decision-making and planning related to child health and well-being. CFPC will move efforts ahead to develop and engage Iowa advocates in a shared agenda focused on kids and families.

#### *Kids Action Agenda Planning and Facilitation*

A proposed Kids Action Agenda is launching with a November 10th, 2016 gathering of Iowa advocates. The purposes of the November event include:

- Come together and meet as colleagues, share information and dialogue about ways to achieve outcomes for Iowa children and their families.
- Reflect on each other's policy priorities, map out a frame for seeing our current and emerging connections, and notice where there are shared interests for leveraging.
- Look for opportunities to intentionally align energies and strategies for a common voice, messaging and shared data points on specific topics.
- Form agreements for next actions and continued dialogue.

Expenses for the convening include facilitation, meals, supplies and travel expenses.

### **Community Youth Concepts • \$30,000.00**

#### *uVoice Youth Philanthropy Board*

The uVoice Youth Philanthropy Board mobilizes young people to actively influence the health and well-being of their community, combating feelings of disengagement or powerlessness. High school students are provided with an avenue to directly impact health-related issues through service, leadership development, and the administration of a grant making process.

uVoice provides outreach, education, and resources for the population we serve: Polk County youth. The board completes an entire grant making cycle, allowing uVoice members to learn the process from start to finish. Members complete a community needs assessment, write a grant, interview potential grantees, and choose a winner. Each year, the boards aims to choose a grant recipient that matches its objectives and can actively partner to combat the issues facing youth in our community.

### **Ankeny Mental Health Ministry c/o Ankeny First United Methodist Church • \$2,500.00**

#### *Suicide Prevention Symposium*

uVoice Youth Health Philanthropy Initiative grant for September 16-17 Suicide Prevention Symposium at Des Moines Area Community College.

### **Des Moines Area Religious Council • \$15,500.00**

#### *DMARC Childhood Nutrition Food Assistance Project*

The rapid rise of obesity—especially among populations without adequate access to healthy food—is a public health epidemic. Among those affected, children are perhaps the most vulnerable. Research from Feeding America shows that

more than 15.3 million children lived in food-insecure households in 2014. This total includes the approximately 1 in 5 children in Polk County who do not have access to the food they need to lead healthy, active lives. In response, DMARC will partner with the Mid-Iowa Health Foundation to launch the Childhood Nutrition Food Assistance Pilot Project. This project will focus on the implementation of targeted programming within food pantries across Polk County as a conduit to enhancing the healthy eating habits of children. Kid-friendly interventions, including in-pantry activities, education, and incentives will be used to educate young children and families visiting food pantries about proper nutrition and the importance of consuming healthy food.

**Des Moines Health Center • \$25,000.00**

*Nolden Gentry Dental Clinic*

The Des Moines Health Center will continue partnership with the Des Moines Public Schools to provide dental care as part of a Full Service Community School initiative on-site at Scavo High School. With over 72% of the DMPS students being low-income, the focus of this on-site service ties directly to the work of Des Moines Health Center! The primary goal of this project is to increase dental service access to students in Central Iowa. The Des Moines Health Center plans to target uninsured and under-insured students of the Des Moines Public School district; though no student in need of dental care will be turned away for services. The Des Moines Health Center intends to continue on-going partnerships to figure out methods for transportation for district students that are off-site from the clinic location, in order to eliminate transportation barriers for the students and parents. This will be a primary focus for this 2017 fiscal year.

**Orchard Place • \$50,000.00**

*Mental Health Crisis Services for Youth Planning Grant*

We seek to bring together a broad coalition of service providers to develop a comprehensive plan to identify existing services, gaps in service, and a full range of children's mental health crisis services needed to address children's mental health crisis in Polk, Warren and Dallas Counties. A list of project activities is included in the Project Activities section of this application. The overarching goal of the project is that the comprehensive plan, when implemented, will drive more appropriate and cost-efficient care with better outcomes for youth in crisis.

The plan developed will include specific, measurable outcomes for implementation of mental health crisis services for youth that will drive delivery of appropriate, evidence-based, cost effective crisis services that will achieve better outcomes for youth. A project timeline with tasks and project activities is attached to this proposal.

**Prevent Child Abuse Iowa • \$40,000.00 + Capstone Prize \$10,000**

*Building Systems and Communities Responsive to Childhood Trauma*

Prevent Child Abuse Iowa's project will identify and implement effective strategies to engage a wide range of audiences in responding to the Adverse Childhood Experience (ACE) Study. The project will expand groundbreaking messaging work underway that engages the broader community – especially in Central Iowa. The project will also support – under the leadership of the Central Iowa ACEs 360 Steering Committee – an ACEs-informed, health-sector approach targeted at pediatric practitioners. Finally, the project will produce an independent evaluation, whose conclusions will be widely disseminated and used to inform future ACEs-related efforts.

**Regional Child Protection Center • \$9,516.00**

*Blank Children's Hospital Foster Care Clinic*

Children and teens in foster care should be seen early and more often to assess for signs of abuse and neglect, illnesses, and mental health problems; to monitor adjustment to foster care; to ensure access to medical drugs and equipment; and to support parents, both foster and biological. The Foster Care Clinic at Blank Children's Hospital will bring together a team of DHS case workers, mental health and medical professionals, and birth and foster parents to ensure that children receive timely, individualized and developmentally appropriate care by physicians trained in evidence-based, trauma informed care to improve outcomes and promote support systems for children. Children who are placed into care without an already established medical home will be referred to the Foster Care Clinic. The Foster Care Clinic will act as a resource and model for providers and other professional across Iowa who work with children in foster care.

**The Directors Council • \$5,000.00**

*Youth Violence Prevention*

Youth Violence is a critical and persistent problem in Polk County and the trend is toward increasing violence. Youth violence, perpetrated both by and against young people, results in considerable physical, emotional, social, and economic consequences. This collaboration will compile local information and convene local leaders including a significant youth voice to produce a position and comprehensive, strategic approach to youth violence and prevention, called a Blueprint to Prevent Youth Violence in Polk County. History and experience tell us that youth violence not only affects the victims and perpetrators, it affects the broader community including the families and friends of both, neighbors near where the violence took place, teachers and fellow students, co-workers, innocent bystanders who witnessed the violent act, first responders and many others. The work's ultimate success relies on community stakeholders who will play a role in weaving together the broad network of stakeholders and committed parties working toward one common goal: the eradication of youth violence.

**Young Women's Resource Center • \$50,000.00**

*Youth Resiliency Matters*

The YWRC proposes to drive the next steps of incorporating TIC into agency programming, and in the local community, by researching and developing an inclusive and youth tailored tool that could measure change in resiliency over time. Research will focus on what key components and protective factors are most important and integrating findings into a survey that can be utilized agency-wide. Through use of this survey, the YWRC will be better able to address to the needs of young women, ages 10-21, in both Prevention and Perinatal programs. The YWRC will also continue to train staff and the board in TIC and utilize results of the survey to be increasingly responsive in the development of programs.

Building protective factors for clients in key settings like schools and homes will take a community effort. The YWRC will share the results of research, survey tools and lessons learned with the community in effort to further collaborate and improve tracking for other local organizations.

**Youth Emergency Services & Shelter of Iowa • \$47,500.00**

*Commitment to Trauma Informed Care and Sanctuary*

A three-year expansion is currently underway at YESS to increase capacity and triple the number of children served by 2017. YESS requests a multi-year grant to provide programmatic support for continuation of Trauma Informed Care practices and the Sanctuary Model implementation. Funding will be utilized to (1) continue the creation of a trauma informed culture for the children YESS serves via service delivery and (2) provide staff with the education, tools, and resources necessary to deliver effective and innovative services.

**Greater Des Moines Healthcare Safety Net**

**Catholic Charities • \$20,000.00**

*Community Outreach Program/Spanish-Language Counseling*

The project offers high quality, culturally-competent and affordable mental health counseling services to the most vulnerable (uninsured, low-income) Latino immigrant residents of Polk and Dallas Counties by providing access to mental health services regardless of their financial situation (sliding fee scale based on income and number supported in family). The project also provides outreach through community contacts and presentations, reaching consumers about our services and providing information about mental health and wellbeing.

**Dallas County Hospital Foundation • \$25,000.00**

*Hispanic/Latino Health Education and Community Outreach Program*

More than one-third of the residents of Perry (population 7,986) identify as Hispanic/Latino. When it comes to healthcare, many Hispanics/Latinos experience disparities due to language barriers, medicine costs or cultural beliefs tied to superstition or home remedies. In an effort to improve health outcomes and reduce disproportionate chronic disease development for this community, Dallas County Hospital would like to establish a trusted community outreach program targeting Latinos/Hispanics that is based on best practices and national recommendations. The goals of the program will be to 1) reduce access to health care barriers for individuals with limited English proficiency, 2) create

a culturally competent and linguistically appropriate obesity and chronic disease prevention and management marketing campaign targeting Latino families, and 3) implement and enroll students in a healthy lifestyle/diabetic prevention program taught by a trained Spanish-speaking instructor.

**EMBARC • \$10,000**

Capstone Prize – *Refugee Health Navigator Project*

**Eyerly Ball CMHS • \$5,000.00**

*Improving Client Quality of Life*

Eyerly Ball Community Mental Health Services serves 6000 adults with mental health issues per year in a five county area. This grant addresses the five social determinants of health. Eyerly Ball can treat a client's mental health, but quality of life goes beyond medication and treatment. Clients need to live in a safe home, have medical care, friends and feel valued. The goal of this grant is to cover the gaps in funding to meet those basic, critical needs that clients with limited incomes cannot access anywhere else. Our goal is to improve a client's quality of life by providing funding specific to the five social determinants of health that are not accessible from other funders. The goal is to provide a small amount of funds that will make a big change in someone's life.

**Iowa CareGivers • \$20,000.00**

*Mouth Care Matters: Oral Health Specialty for Direct Care Workers*

Mouth Care Matters (MCM) Pilot Yields Promising Results. The goal of the MCM oral health specialty training pilot project is to improve access to and quality of oral health for older Iowans who are homebound or live in nursing homes. The project holds promise to 1) create a system to ensure a direct care workforce that has the knowledge, skills, and confidence to serve the needs of the Iowans they serve, and provide an opportunity to grow professionally with a state-issued oral health specialty certification; 2) Provide direct care workers with the knowledge needed to place a higher priority on ensuring their clients receive oral care; 3) Help older Iowans remain healthier and living in their own homes longer; 4) Enhance the care of those in nursing homes; 5) Save the system and consumers money; 6) Institutionalizes the specialty training and standardized protocols in home care settings as prevention and quality assurance measures in all settings.

**Iowa Chronic Care Consortium • \$20,000.00**

*Patient Engagement For Outcomes Focused Healthcare: Skills Development for the Front Line Healthcare*

ICCC proposes to adapt and pilot a training curriculum for frontline workers who engage with patients. Emphasis is traditionally placed on highly trained clinicians in medical settings yet the system often fails to engage patients where they live and work. This is particularly true with populations who are underserved due to social determinants of health. This training will aim to develop skills and capacity of frontline workers to effectively engage these challenging populations, by adapting, testing and evaluating a training curriculum. Goals for training participants are to effectively connect patients to healthcare and community resources, and motivate patients to engage in their own self-management/healthy lifestyle goals. The target audience includes community health workers, navigators, outreach workers and others responsible for direct, frequent patient contact. By increasing communication and engagement skills, practices will be able to engage patients in their own care.

**Primary Health Care, Inc. • \$35,000.00**

*PHC/CISS Nurse Care Manager Program*

Primary Health Care, Inc. (PHC) has provided health care services at CISS since 1988 and is proposing to add a nurse care management program to improve the quality of care delivered to this vulnerable population. The goals of the PHC/CISS Nurse Care Manager Program are to: 1) to increase access to coordinated, health care services for the homeless by providing triage and assessment for an additional 8 hours per day (increasing medical presence from 28 hours/week to 68 hours/week), 2) to better manage chronic health care needs of high utilizers of care, and 3) to increase availability of prevention and wellness services for this population. The Nurse Care Manager will achieve results by connecting clients with a primary care provider, increasing the completion of wellness exams and health risk assessments, reducing ER utilization rates and EMS transports, providing care management and education to high utilizers, and increasing client participation in wellness programs at CISS.

**USCRI - Des Moines • \$25,000.00**

*The USCRI – Des Moines Refugee Wellness Program*

The Wellness Program ensures access to culturally and linguistically appropriate healthcare services for refugees who experience difficulty navigating healthcare systems. Two dedicated case managers and four bilingual Health Advocates provide holistic support by assessing individual needs, scheduling medical appointments, providing transportation, and explaining follow-up instructions. The Health Advocates represent four major language groups spoken by local refugees – Burmese, Karen, Arabic and Bhutanese. Together with a team of USCRI – Des Moines interpreters, they serve a diverse clientele that includes refugees from Burma, Bhutan, Iraq, Syria, Afghanistan, Eritrea, Ethiopia, and the Democratic Republic of the Congo. As a result of these wraparound services, individuals demonstrate greater self-sufficiency and improved overall well-being.

**Visiting Nurse Services of Iowa • \$25,000.00**

*Iowa Health Link Collaboration - Medicaid Modernization Stakeholder Group*

VNS will continue to facilitate the Medicaid Modernization Strategic Planning Group during Phase Two of the project. The group will continue to develop materials and training tools for disseminating critical information to healthcare and human service professionals across the state during the transition to Managed Care. The group will continue to work with Iowa Medicaid Enterprise (IME) to determine any issues or concerns impacting members or providers and will extend an invitation to the Managed Care Organizations (MCO's) to participate in the process in order to highlight unmet needs or issues.

*Scavo Clinic Shuttle*

Visiting Nurse Services of Iowa will transport students of Des Moines Public Schools between their primary school and Scavo High School at Central Campus in order to receive medical and dental services provided by Primary Health Care and Des Moines Health Center.

**WesleyLife • \$25,000.00**

*WesleyLife (dba Wesley Community Services) Public Health Nursing Program*

**Goal:** Provide appropriate, timely and affordable high quality skilled nursing services, health care information, referrals to mental and dental providers, and social service system navigation assistance to clients

**Target Population:** Safety net patients in Polk County who are uninsured, publicly insured and underinsured

**Activities:**

- Provide acute and chronic preventive and primary nursing services
- Refer patients to appropriate mental and dental health safety net providers
- Educate patients on the social services available to them
- Help patients navigate the social services system and assist with applications
- Collaborate with community partners to identify safety net patients

**Specific nursing services include:**

- Vital sign checks
- Physical and mental assessments
- Medication setup weekly/monthly
- Wound care, blood draws or ostomy care

Expected Results: Reduction in hospitalizations and increased patient ability to make better lifestyle choices that maximize their health and well-being.