Mid-Iowa Health Foundation – 2018 Grants

**Des Moines Public Schools** • $50,000.00  
*The Des Moines Public Schools Trauma-Sensitive and Culturally-Responsive School District Initiative*  
Project Goal Statement: DMPS is embracing a whole-child approach. Goals include: 1. to increase social emotional skill instruction and assessment; and 2. to gain access to resources and support through the National Council’s Trauma-Sensitive Schools Learning Community.

**Iowa Primary Care Association** • $40,000.00  
*Identifying the Assets, Risks, and Experiences of Vulnerable Central Iowans*  
Project Goal Statement: Implement a nationally-recognized tool that assesses specific high-risk patient populations, including central Iowa adolescents and pregnant women, assets, risks, and experiences around social determinants of health within an FQHC in central Iowa.

**Please Pass the Love** • $20,000.00  
*School Mental Health System Intervention Outreach*  
Project Goal Statement: We seek to improve the quality of life and mental wellness for every youth through education, training, and school mental health system building. Our ultimate goal is that every student and staff feels safe, happy, and excited to be at school.

**AMOS - A Mid-Iowa Organizing Strategy** • $40,000.00  
*Invest Relationships, Invest Communities, Invest Health*  
Project Goal Statement: Using time-tested relational organizing practices, AMOS will build and strengthen relationships among neighborhood institutions and residents working together to identify solutions and act to improve the health of children and families in Des Moines.

**Central Iowa ACEs 360 (fiscal agent United Way of Central Iowa)** • $76,515.00  
*ACEs Prenatal Project Development and Collaboration*  
Project Goal Statement: The ACEs Prenatal Collaboration seeks to support the planning and development of coordinated prenatal strategies in central Iowa. The project will engage key research and implementation partners to establish content, design and evaluation for the primary strategies of childbirth education and community support coordination.

**Community Youth Concepts** • $24,000.00  
*uVoice Youth Philanthropy Board*  
Project Goal Statement: The uVoice Youth Philanthropy Board mobilizes young people to actively influence the health and well-being of their community. High school students are provided with an avenue to directly impact health-related issues through service, leadership development, and the administration of a grant making process.

**EyesOpenIowa** • $14,960.00  
*Creating a Culture of Support for Pregnant and Parenting Young Women*  
Project Goal Statement: The goal of EyesOpenIowa’s project is to work with seven Des Moines metro schools to reduce the social stigma directed toward pregnant and parenting teens and assist schools in creating a more culturally sensitive and empowering environment to help young parents stay in school, graduate, and move toward self-sufficiency.

**Healthy Birth Day, Inc.** • $50,000.00  
*Count the Kicks*  
Project Goal Statement: Healthy Birth Day, Inc. will contribute to the reduction of stillbirth among women of color in central Iowa and lead the effort to eliminate racial disparities in stillbirth through the Count the Kicks public health campaign.
Central Iowa ACEs 360 (fiscal agent United Way of Central Iowa) • $5,260.00
ACEs 360 Educator Curriculum Development
Project Goal Statement:
The goal of this project is to update and expand foundational curriculum for Iowa educators in alignment with SF2113. The target population will include educators, administrators, and all school personnel. Major activities include content development including: 1) Research on child adversity, 2) Impact of ACEs and toxic stress on brain development and learning, and 3) Utilization of trauma informed and resilience building practices in the education sector; at least two train-the-trainer sessions for Central Iowa school districts to deliver this curriculum; support the development of an online module that can be utilized by any educator in the state.

Polk County Continuum of Care • $8,950.00
Ending Youth Homelessness - Staffing
Project Goal Statement: The work to end youth homelessness in Polk County will serve youth and young adults under age 25 who are unaccompanied or parenting (and their children) and meet any federal definition of homelessness. Effective implementation of the community plan will require ongoing leadership and commitment from stakeholders. Continued involvement of an active youth advisory board will also be instrumental to successful implementation. The top five most important strategies have been identified to implement over the next 12 months, which will serve as a starting point. Progress will be measured by tracking the following indicators collected by the Polk County Continuum of Care: newly homeless, returns to homelessness, length of time homeless, discharges from placement without achieving permanency (emancipation), supportive relationships, count of unsheltered, and exits from homelessness to stable and safe housing.

Iowa Public Radio • $60,000.00
Iowa Public Radio Health Reporter
Project Goal Statement: With major funding support provided by the Mid-Iowa Health Foundation, Iowa Public Radio will hire a full-time reporter to cover a health beat. The goal of this exciting collaboration will be to leverage the powers of public media to investigate, inform, and create a public conversation around health in Iowa. Iowa Public Radio is committed to strengthening the public’s understanding of health issues and to being a vital source for trusted health information for audiences in our community and beyond.

Science Center of Iowa • $15,000.00
Mind Matters Exhibit and Convening
Project Goal Statement: Funding will support the presentation of Mental Health: Mind Matters exhibition in early 2019. This extraordinary exhibit will serve as the centerpiece for a Community Mental Health Initiative 2019 to create awareness about, and inspire action around, the critically important topic of mental illness. The exhibition is will be the catalyst for community partners to host programs, lectures, and workshops with extending the exhibit themes and creating rich opportunities for continued dialogue.